

Conference Schedule

SUNDAY, MARCH 9

7 a.m.–7 p.m.

Registration Open

8 a.m.–5 p.m.

CRC-PC: Primary Care PNP Certification Review Course (*Day One*)

MONDAY, MARCH 10

7 a.m.–7 p.m.

Registration Open

7:30 a.m.–4:30 p.m.

CRC-PC: Primary Care PNP Certification Review Course (*Day Two*)

10:15 a.m.–Noon (1.25 contact hours)
General Session – All Participants

101: Opening Keynote: Elevating Pediatric Nurse Practitioner Practice to Advance Child Health

Ruth M. Kleinpell, PhD, APRN-BC, FAAN, FAANP

- Discuss the role of pediatric nurse practitioners in advancing child health.
- Review methods of demonstrating pediatric nurse practitioner outcomes.
- Highlight strategies for demonstrating pediatric nurse practitioner impact on child health.

1:30–2:45 p.m. (1.25 contact hours)
Concurrent Sessions – Select Only One

102: Biologic Drugs in Children and Adolescents: Primary Care Essentials (Rx)
Teri M. Woo, PhD, ARNP, CPNP-PC, FAANP

- Explain how biologic drugs treat chronic diseases in children and adolescents.
- Review the use of biologics in children and adolescents.
- Discuss safety concerns when biologic agents are prescribed.

103: Perinatal Mood and Anxiety Disorders: The Effects of Breastfeeding Challenges on Maternal Mental Health
Kathleen Logan, DNP, CPNP, IBCLC

- Describe the signs and symptoms of PMADs and the effects of breastfeeding challenges on mental health.
- Identify screenings for PMADs.
- Recognize pre-existing maternal mental health conditions impacting breastfeeding outcomes.
- Describe evidence-based practices that minimize symptoms of PMADs to encourage and assure continuation of breastfeeding.

NAPNAP's Breastfeeding Education SIG is pleased to support this session.

104: Making a Case for Pediatric Firearm Safety: Education through Storytelling
Nicole M. Koepke, MSN, CPNP;

Elizabeth G. Choma, DNP, PNP-PC, MSN, RN, BSN and Sarah A. Martin, DNP, MS, CPNP-AC/PC

- Describe the evolution and action of a grassroots advocacy group of health care professionals.
- Outline actionable ways that pediatric providers can address pediatric firearm violence at the community and national level.
- Explain how engaging community members in the research helps to explore new ideas and perspectives and limit bias in research related to pediatric firearm injury.

105: Digital Disparities: The New Social Determinants of Health

Kelli M. Garber, DNP, APRN, PPCNP-BC, FAANP and Katherine Chike-Harris, DNP, APRN, CPNP-PC, FNP-BC, CNE, FAANP

- Identify digital disparities impacting telehealth care.
- Describe digital inequities and methods to overcome them.
- Appraise the impact of cultural competency when conducting virtual care.
- Describe empathetic interviewing.
- Debate how digital disparities have become social determinants of health.

106: Knowledge Gaps among Health Care Providers in the Care of Youth in Foster Care: Using the Foster Care Guidelines to Address Disparities of Care

Brigit VanGraafeiland, DNP, CPNP-PC, CNE, FAAN, FAANP and Christina Quick, DNP, APRN, CPNP-AC/PC, CHSE

- Explore the evidence from a nationwide survey regarding knowledge among health care providers on youth in foster care.
- Leverage the evidence to address the knowledge gaps through CE opportunities.
- Develop strategies to implement foster care guidelines into practice.
- Determine the impact of diversity, equity and inclusion on youth in foster care.

NAPNAP Partners for Vulnerable Youth is pleased to support this session.

107: Pediatric APPs Answer the Call: Upcoming Reductions in Inpatient Resident Physician Coverage (AC)

Andrea Kline-Tilford, PhD, CPNP-AC/PC, FCCM, FAAN and Shahrzad Patterson, PA-C, MHS

- Review pediatric health care provider workforce pipeline projections.
- Describe the latest literature on pediatric inpatient APP outcomes.
- Discuss methods for filling frontline provider gaps with APPs.

108: Calling All Clinical Experts, Researchers and Reviewers: Share Your Expertise in the *Journal of Pediatric Health Care*

Donna Hallas, PhD, PPCNP-BC, CPNP, PMHS, FAANP, FAAN and Anne Derouin, DNP, APRN, CPNP-PC, PMHS, FAANP

- Analyze changes that have occurred in the *Journal of Pediatric Health Care* (JPHC) over the past year based on emerging professional trends.
- Examine the significance of reviewer roles in publishing high quality articles.
- Design the framework for creating high quality, publishable, state-of-the-science articles that advance the quality of health care delivered by pediatric advanced practice registered nurses worldwide.
- Appraise your practice expertise and passion for the tenets of health equity that you can then share in articles published in JPHC for national and global pediatric advanced practice registered nurses.
- Develop new ways of delivering your expertise with graphic abstracts, digital informatics, infographics and analysis of practice guided artificial intelligence manuscripts.

The following legend is provided to identify sessions with different concentration.

LEGEND

AC	Acute Care
Rx	Pharmacology
CS	Controlled Substance
PsyRx	Psychopharmacology

3:10–4:25 p.m. (1.25 contact hours)
Concurrent Sessions – Select Only One

109: Orthopedic Manifestations of Eating Disorders

Raymond W. Kleposki, MSN, RN, CPNP

- Identify the most common orthopedic presentations in eating disorders and how they are treated.
- Recognize common findings with the female/male athlete triad and how it can affect the adolescent athlete.
- Identify and recognize stress injuries that may occur related to disordered eating and the deleterious effects of these injuries.

110: Pediatric Clinical Guidelines Updates

Guidelines on Glycemic Control for Critically Ill Children and Adults

Maureen A. Madden, DNP, CPNP-AC, CCRN, FCCM, FAAN

IDSA 2024 Guideline Update on the Risk Assessment, Diagnostic Imaging, and Microbiological Evaluation of Complicated Intra-abdominal Infections in Adults, Children, and Pregnant People

Danielle Van Damme, DNP, CPNP-AC

Opioid Prescribing for Acute Pain Management in Children and Adolescents in Outpatient Settings: Clinical Practice Guideline

Jessica L. Spruit, DNP, RN, CPNP-AC, CPHON, BMTCN, FAANP

111: Differentiating Heart Failure from Common Illnesses: Early Recognition and Management

Meghan Engler, MSN, RN, CPNP-AC/PC and Patricia Lawrence, PhD, RN, CPNP-AC/PC

- Define heart failure and identify key signs and symptoms of heart failure in infants and children.
- Recognize common causes of heart failure that may present in a primary care or urgent care visit.
- Describe physical exam findings that will assist the PNP in discerning heart failure from other common pediatric illnesses.
- Identify tests that can be used to support the diagnosis of heart failure from common pediatric illnesses.



112: Bladder and Bowel Dysfunction: When It Rains, It Pours

Chrisla Key, DNP, APRN, FNP-C, CPNP-PC

- Define bladder and bowel dysfunction (BBD).
- Identify the various presentations of BBD.
- Describe the evaluation and treatment of BBD.
- Identify significant pathology that may warrant a referral.

113: What are TEG & ROTEM? Understanding the Latest in Point-of-Care Bleeding Studies in Acute and Critical Care (AC)

Deanna Schneider, DNP, CPNP-PC/AC

- Describe the diagnostic techniques of TEG and ROTEM.
- Identify clinical applications where the use of TEG and ROTEM are warranted.
- Interpret the results of TEG and ROTEM.
- Apply the results of TEG and ROTEM to the management of hemorrhage and bleeding disorders in the pediatric patient.

114: What to Know and What to Do: Teenage Sleep Disturbances and Suicidality

Shawna M. Sisler, PhD, MS, MA, MAPP, APRN, CPNP-PC, PMHS and Jennifer Hamilton, DNP, APRN, CPNP-PC, PHMS

- Discuss the mechanism of action and neuro pathways implicated in suicide as it relates to sleep disturbances.
- Recognize the risk factors associated with sleep disturbance that contribute to suicidality.
- Explore behavioral interventions for sleep that mitigate emotional reactivity and dysregulation.
- Identify family-based strategies to improve overall sleep health in adolescents and target proximal risk factors for suicide.

NAPNAP Partners for Vulnerable Youth is pleased to support this session.

115: Health Policy Pulse – A Legislative Status Update for Pediatric-focused APRNs

Audra N. Rankin, DNP, APRN, CPNP and Jessica Francois, DNP, CPNP-PC

- Describe the current legislative landscape for child health and professional issues relevant to pediatric-focused APRNs.
- Define full practice authority legislative successes, parameters and key tenets that will impact scope of practice for pediatric-focused APRNs.
- Identify the most pressing child health policy issues to be expected in the legislative docket within the next 1-2 years.
- Explain effective strategies for pediatric-focused APRNs to become involved in forward progress on child health policy issues on the national scale.

NAPNAP Foundation is pleased to support this session.

4:40–5:40 p.m. (1.0 contact hour)
Concurrent Sessions – Select Only One

116: Decision to Vaccinate (Rx)

Laura L. Kuensting, DNP, APRN, PCNS-BC, CPNP, CPEN

- Identify the difference between vaccine-hesitant (VH) and anti-vaccination (AV) viewpoints.
- List at least three factors contributing to VH.
- Describe at least three vaccine messaging or communication strategies for use to promote the decision to vaccinate.

Conference Schedule

MONDAY, MARCH 10 *continued*

117: Building a Bridge to Adult Care for Adolescents and Young Adults (AYA): Evidence-based and Novel Strategies for Success

Jennifer A. Disabato, DNP, CPNP-PC, AC and Kimberly Ndahayo, DNP, FNP-C

- Identify the two largest barriers in your practice that prevent transition planning with patients and families in early and middle adolescence.
- Describe the six core elements of pediatric to adult health care transition and how at least three of them could be incorporated in your practice now.
- Formulate at least one strategy to discuss with colleagues and leaders in your practice to plan and implement interventions to support AYA through transition and transfer.
- Recognize and create opportunities to collaborate with adult NPs and other providers to bridge gaps between care settings.

NAPNAP's Adolescent Health Care SIG is pleased to support this session.

118: Pediatric Gallbladder Disease: What You Need to Know

Brandi D. Farrell, DNP, CPNP-AC/PC

- Describe the function of the gallbladder and identify the common gallbladder problems.
- Recognize and describe the pediatric health care burden of gallbladder disease.
- Define and differentiate cholelithiasis, cholecystitis, choledocholithiasis and cholangitis.
- Compare and contrast types of gallstones and common presentation findings.
- Describe and distinguish treatment modalities for gallbladder disease, including new developments in robotic surgery for pediatric patients requiring cholecystectomies.

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119: Updates for the Primary Care Provider's Management of Adolescent Acne Vulgaris: When to Treat and When to Refer (Rx)

Rebecca J. Flynn, MSN, APRN, CPNP-PC; Karna Bock, CPNP-PC and Laurie Krnjaic, CRNP

- Review history, symptoms and severity of acne vulgaris.
- Describe first-line treatments for patients with acne vulgaris including topical and systemic therapies.
- Define benchmarks for referral to specialty pediatric dermatology clinic.
- Evaluate risks and benefits of treatment options for patients with mild to severe acne vulgaris.

NAPNAP's Dermatology SIG is pleased to support this session.

120: Cardiac Side Effects of Psychotropic Medications (PsyRx) (AC) (Rx)

Danielle Wood, DNP, CPNP-AC

- Define the prevalence of mental health disorders in pediatric patients.
- Identify the typical psychotropic medications prescribed to pediatric patients.
- Describe the cardiac side effects that can occur from psychotropic medications.
- Describe management strategies for adverse cardiac effects of psychotropic medications.

121: From Bedside to Boardroom: Leadership Pearls for the Pediatric-focused APRN

Kelly Keefe Marcoux, PhD, CPNP-AC, PPCNP-BC, CCRN

- Recognize the opportunities for leadership beyond direct clinical care or lead APN.
- Describe an example of advancing in leadership positions.
- Recognize vital skills for effective leadership.
- Identify at least three leadership pearls for success.

NAPNAP Foundation is pleased to support this session.

122: "I Can Run and Play Now!" Maximizing Pediatric Asthma Control with Telehealth

Katherine E. Chike-Harris, DNP, APRN, CPNP-PC, FNP-BC, CNE, FAANP and Kelli M. Garber, DNP, APRN, PPCNP-BC, FAANP

- Review the pathophysiology of asthma.
- Recognize the barriers to asthma management within the primary care setting.
- Summarize the current asthma guidelines in the management of asthma.
- Describe effective asthma management through school-based telehealth clinics.
- Describe pulmonology physical exam techniques that can be performed using telehealth.

NAPNAP's Asthma and Allergy SIG is pleased to support this session.

7:30-9:45 p.m. (2.0 Contact Hours)

123: Documentary Film Screening: "Everybody's Work" by SHIFT Nursing

- Analyze and examine the impact of structural racism on health care outcomes for patients, focusing on disparities affecting communities of color and the role of personal and systemic biases in clinical practice.
- Discuss and reflect on the lived experiences of nurses and patients portrayed in the documentary "Everybody's Work", exploring the emotional and ethical challenges of structural racism through guided group discussions.
- Develop actionable steps to promote equity and inclusion within pediatric health care settings, emphasizing the role of pediatric nurse practitioners in advocating for systemic change.





TUESDAY, MARCH 11

8–9 a.m. (1.0 contact hour)

Concurrent Sessions – Select Only One

201: Trauma-informed Care: Healing Through Relational Care

Tracy W. Halasz, DNP, APRN, CPNP-PC, PMHS and Brigit VanGraafeiland, DNP, CPNP-PC, CNE, FAAN, FAANP

- Review adverse childhood events and the effects on long-term health outcomes.
- Discuss strengths-based and relational health care as an approach to trauma-informed care.
- Provide trauma-informed care resources for pediatric-focused advanced practice providers.

NAPNAP Partners for Vulnerable Youth is pleased to support this session.

202: An APP Peer Reviewed Professional Advancement Model (AC)

Robin Kingston, RN, BSN, MSN, CPNP

- Identify the benefits of developing a model to recognize professional achievements.
- Outline the process of an APP Professional Advancement Model development.
- Describe the results of our first five years of promotions for APPs in our institution.

203: Pediatric Eating Disorders: Beyond the Binary

Robyn Evans, MSN, FNP-C, ARNP

- Identify at least two ways eating disorder presentation may differ in trans and non-binary youth.
- Recognize one way each clinician can diminish weight stigma in practice.
- Define actionable steps to implement suicide screening and safety planning in eating disorder care.

204: AAFP Education Presentation and Member Meeting (ends at 10 a.m.)

8–9 a.m.

AAFP Education Session

Pediatric-Focused DNP Projects: A Report from the AAFP Research & Scholarship Committee

Brittany Christiansen, PhD, DNP, APRN, CPNP-PC/AC, FNP-C, AE-C, CNE; Deborah W. Busch, DNP, CPNP-PC, IBCLC, CNE, FAAN, FAANP; Cynthia A. Danford, PhD, CRNP, PPCNP-BC, CPNP-PC, FAAN; Celeste M. Schultz, PhD, RN-BC, CPNP-PC and Traci R. Snedden, PhD, RN, CPNP, CNE, FNAAP

- Disseminate findings on current processes and trends in pediatric-focused DNP projects gained from a national survey of PNP Program Directors.
- Highlight AACN Essentials and NONPF Competencies alignment with the best practices as reported by PNP Program Directors on the survey.
- Discuss the relevancy of findings to PNP-DNP education.

9–10 a.m.

AAFPNP Member Meeting

10–11:15 a.m. (1.25 contact hours)

General Session – All Participants

205: 2025 Immunization Update (Rx)

Mary Koslap-Petraco, DNP, PPCNP-BC, CPNP, FAANP

- Analyze the best available evidence for immunization practice for children and adolescents.
- Identify changes in the Advisory Committee for Immunization Practice (ACIP) schedule for 2025.

Sanofi US and The United Nations Foundation's Shot@Life campaign are pleased to support this session.

11:25 a.m.–12:25 p.m. (1.0 contact hour)

General Session – All Participants

206: 2025 Pediatric Pharmacology Update (Rx)

Teri M. Woo, PhD, ARNP, CPNP-PC, FAANP

- Discuss newly approved or relabeled pediatric medications.
- Discuss pediatric pharmacology studies in process.
- Examine issues related to pediatric prescribing.

1:45–3 p.m. (1.25 contact hours)

Concurrent Sessions – Select Only One

207: Global Health Potpourri: An Overview of Issues that Affect the World's Children

Cathy S. Woodward, DNP, APRN, CPNP-AC, FNP-BC; Asma Taha, PhD, APRN, PNP-AC/PC; Abigail C. Brunsvold, DNP, APRN, CPNP-AC/PC and Martha Grant Fuller, PhD

- Use an equity lens to describe adverse health impacts of climate change on children.
- Discuss how PNPs can impact the UN's sustainable goal to reduce avoidable death in children under five years of age.
- Describe the dual role of nurses in conflict zones as both health care providers and advocates for equitable access in vulnerable populations.
- Discuss the current uptake and efficacy of the malaria vaccine and outlook on projected impacts on children worldwide.

NAPNAP's Global Health Care SIG is pleased to support this session.

208: Pediatric Dermatology: Distinguishing Benign Disorders and Diseases from those that Are Life Threatening

Sarah Wren, RN, MS, CPNP

- Evaluate skin lesions for potentially dangerous dermatologic disorders in the pediatric population.
- Differentiate pediatric skin disorders and disease that require immediate treatment from those that are benign.
- Analyze a variety of common and uncommon pediatric skin diseases and disorders to prescribe evidence-based treatment plans.
- Assess new evidence-based treatment modalities for common dermatological conditions in the pediatric population.
- Evaluate the presentation of skin diseases and disorders for children of ethnically diverse populations.

Conference Schedule

TUESDAY, MARCH 11 *continued*

209: If You Build It, They Will Stay: The Role of the Pediatric Nurse Practitioner in Creating Inclusive Sensory Spaces for Neurodiverse Youth

Jane E. Tobias, DNP, CRNP, CPNP-PC

- Articulate aspects of the built environment that can preclude a sense of belonging for autistic children and their families.
- Describe accommodations and considerations in design that increase belonging.
- Reflect on the importance of interdisciplinary collaboration and education in creating more inclusive futures.

NAPNAP's Developmental Behavioral and Mental Health SIG is pleased to support this session.

210: Pharmacologic Management of Cardiac Dysrhythmias (Rx) (AC)

Vanessa Kalis, DNP, CPNP-AC, ACNP-BC, CHSE, FAANP

- Explain the acute and chronic medical treatments of atrial dysrhythmias and SVT.
- Identify common antiarrhythmic medication used in pediatric patients.
- Describe the treatment of different types of ventricular tachycardia.
- Review common costs of these medications and the implications on access to treatment.

211: X-ray 101: Skeletal Radiographic Interpretation

Laura L. Kuensting, DNP, APRN, PCNS-BC, CPNP, CPEN

- List at least one common feature when viewing a skeletal X-ray.
- Describe a fracture.
- Describe the relationship of the fracture fragments.
- Perform basic interpretations of fracture radiographs.

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212: The ABCs of School-Related Issues for Primary Care Pediatric-focused NPs

Beth A. Heuer, DNP, CRNP, CPNP-PC, PMHS, FAANP

- Identify symptoms associated with school refusal.
- Recognize red flags for learning difficulty.
- Describe the impact of disruptive behavior disorders in the school setting.

NAPNAP's School-based Health Care SIG is pleased to support this session.

213: Emerging Pediatric Infectious Diseases

Courtney Kuklinski, DNP, RN, APRN, CPNP-AC/PC

- Describe the epidemiology of current emerging infectious diseases.
- Identify pertinent risk factors in the patient's exposure history for emerging infectious diseases.
- Describe the clinical presentation of emerging infectious diseases.
- Identify essential clinical resources for the advanced practice provider.

3:20–4:35 p.m. (1.25 contact hours)
Concurrent Sessions – *Select Only One*

214: Choosing Wisely: Promote Evidence-based Practice by Avoiding Unnecessary Tests

Rebecca Carson, DNP, APRN, CPNP-PC/AC

- Review the historical precedent for the Choosing Wisely campaign and its goal.
- Compare your personal practices with current evidence-based recommendations that prioritize reduction of health care waste.
- Incorporate communication techniques to facilitate practice change when colleagues or caregivers request unnecessary tests and treatments.

215: Adolescent Health Speed Session

- Describe the clinical indications for doxycycline postexposure prophylaxis.
- Recognize over-the-counter birth control pills as a safe, accessible contraception option for adolescents.
- Describe the clinical indications for a combination meningococcal vaccine.
- Recognize how grief manifests in adolescence.
- Identify youth and families who will benefit from early discussions about power of attorney and legal guardianship.
- Identify considerations and interview techniques for working with teens with autism.

NAPNAP's Adolescent Health Care SIG is pleased to support this session.

216: Care of the Preterm Infant Post Discharge

Sharon Anderson, DNP, APRN, NNP-BC, AGN-BC, CNE

- List three common complications of prematurity requiring treatment and follow-up in the primary care setting.
- Correlate common problems associated with prematurity with management and treatment guidelines and referrals.
- Provide evidence-based primary care to preterm infants after discharge.



217: Important Topics in Academia

Immersion Innovations: Enhancing NP Curricula with Essential Specialty Content
Margaret Quinn, DNP, CPNP, CNE

- Identify and incorporate population-specific specialty content immersions throughout pediatric nurse practitioner curricula to address evolving health care needs.

Increasing Active Learning Through Case Based Education: Best Practices in Synchronous and Asynchronous Learning

Jennifer L. Hamilton, DNP, APRN, CPNP-PC, PHMS

- Explore how generative AI can be utilized to create realistic details and context for case studies to enrich the learning experience and promote inclusivity.

Use of LLMs in the Development and Implementation of Evidence-based Active Learning Strategies

Abby Berg, DNP, RN, CPNP-PC

- Discover how faculty can leverage large language models (LLMs) like ChatGPT to elevate teaching strategies and boost learning outcomes for graduate nursing students.

218: NAPNAP Research Agenda Priorities: Mental Health, Pediatric Workforce and Infectious Disease Prevention

Rachel Swerdlin, DNP, APRN, CPNP-PC;

Jade Burns, PhD, RN, CPNP-PC and

Rebecca Koerner, PhD, PNP-BC

- Three speakers will present topics based on NAPNAP Research Agenda Priorities.

219: Acute and Critical Cases: Navigating Pediatric Hematologic and Oncologic Emergencies (ends at 5:35 p.m.)

2.25 Contact Hours (Rx) (AC)

Dani K. Sebbens, DNP, RN, CPNP-AC/PC, FAANP and Jessica Spruit, DNP, RN, CPNP-AC, CPHON, BMTCN, FAANP

- Evaluate the cardiorespiratory interactions associated with an anterior mediastinal mass and describe appropriate interventions.
- Explain laboratory findings of tumor lysis syndrome and interventions to support metabolic derangements and renal function.
- Describe stroke in sickle cell anemia and explore interventions to prevent further complications.

220: 2025 Psychopharmacology Update (ends at 5:55 p.m.)

2.5 Contact Hours (PsyRx) (Rx)

Dawn Garzon, PhD, CPNP-PC, PMHNP-C, PMHS, FAANP, FAAN

- Integrate knowledge of the psychopharmacology of medications used to manage pediatric behavioral health conditions into comprehensive patient management plans.
- Evaluate the effectiveness of pediatric psychopharmacologic agents.
- Monitor for significant medication related side effects.
- Incorporate patient and family teaching strategies to improve psychopharmacologic treatment effectiveness.
- Utilize medical decision-making to select the optimal agent for each individual's unique care needs.

NAPNAP's Developmental Behavioral and Mental Health SIG is pleased to support this session.

4:45–5:45 p.m. (1.0 contact hour) Concurrent Sessions – Select Only One

221: PNPs in Transition: Retirement Brings Opportunity

Cathy S. Woodward, DNP, APRN, CPNP-AC, FNP-BC

- Discuss ageism and methods to mitigate its effects when extending a career beyond expected timelines.
- List several alternatives to traditional retirement for PNPs.
- Describe how the retirement for this generation might be different than previous generations.

222: Taking a SMART Approach to Case Studies in Pediatric Asthma Management (Rx)

Amanda Filippelli, MPH, MSN, APRN, PPCNP-BC, AE-C; Sarah Heinonen, DNP, APRN, CPNP-AC/PC and Nancy Banasiak, DNP, PPCNP-BC, APRN

- Describe SMART as an option for pediatric asthma management.
- Apply SMART to various case studies that learners may see.
- Discuss challenges to SMART implementation.

NAPNAP's Asthma and Allergy SIG is pleased to support this session.

223: Congenital Anomalies of the Kidneys and Urinary Tract (CAKUT): Diagnosis, Treatment and Management and Genetic Testing

Jessica L. Edmondson, CPNP-AC, CRNP, MSN, BSN, RN

- Recognize the most commonly diagnosed congenital anomalies of the kidneys and urinary tract (CAKUT).
- Describe the presentation, treatment and management of a variety of CAKUT diagnoses.
- Discuss different imaging used to diagnose CAKUT and the most appropriate times to utilize them.
- Explain possible complications and management in patients with CAKUT including UTIs.

224: Caring for Children and Youth with Special Health Care Needs Incorporating Palliative Care Models

Teresa M. Whited, DNP, APRN, CPNP-PC and Carrie Brown, MD, FAAP

- Identify guidelines and targeted interventions for care models and family-centered care in primary care and community settings.
- Apply the latest recommendations related to caring for children and youth with special health care needs.
- Discuss the nurse practitioners' role in caring for children and youth with special health care needs incorporating palliative care guidelines.

NAPNAP's Children and Youth with Special Health Care Needs SIG is pleased to support this session.

225: Pediatric Nutrition Research and Scholarship Projects (session ends at 6 p.m.)

Amy Campbell, PhD(c), RN, CPNP-PC; Christine Pfundstein, MS, APRN, CPNP, IBCLC; Michelle Mak, RN, BSN, DNP(c) and Abby Sevigny, DNP, APRN, CPNP-PC

- Describe strategies to increase breastfeeding among special populations.
- Identify bottle feeding and complementary feeding challenges of mothers of infants later diagnosed with autism.
- Identify risks for childhood obesity using a family-centered approach.

Mead Johnson Nutrition is pleased to support this session.

Conference Schedule

WEDNESDAY, MARCH 12

8–9 a.m. (1.0 contact hour)

Concurrent Sessions – Select Only One

302: When to Consider a Central Nervous System Tumor in the Differential for Pediatric Headaches: Red Flag Presentations and Delays in Diagnosis

Lauren Forbes, MSN, APRN, CPNP-PC

- Identify the major factors contributing to delayed diagnoses of pediatric CNS tumors.
- Recognize red flag clinical signs and symptoms in the child presenting with a chief complaint of headache that may raise suspicion for possible CNS tumor.
- Recognize the symptoms associated with presence of a headache that should raise suspicion for potential CNS tumor.
- Identify when to appropriately refer patient to neurology based upon history of present illness and physical exam findings on neurologic exam.

303: Breaking the Cycle:

Addressing Period Poverty, Promoting Equity and Fostering Sustainability in Menstrual Health

Barbara J. Monaco, MSN, CPNP-PC

- Describe the prevalence and impact of period poverty as it relates to health, education and gender equity.
- Develop advocacy strategies to promote menstrual equity and support initiatives that prioritize access to period products, education and health care services.
- Review the environmental impact of disposable period products and provide sustainable alternatives for menstrual solutions.

304: Feeding the Mind: Exploring the Intersection of Nutrition and Mental Health

Kimberly J. Erlich, MSN, MPH, CPNP-PC, PMHS, CIMHP

- Describe the relationship between nutrition, gut microbiota and pediatric mental health, including the impact of psychobiotics, nutraceuticals and botanicals on behavioral health outcomes.
- Evaluate the potential of various nutritional interventions, such as vitamins, minerals, fatty acids and amino acids, as well as neurotransmitter precursors, in the treatment of psychiatric disorders and the promotion of mental resilience in children and adolescents.

- Apply evidence-based nutritional interventions to clinical practice to optimize the mental health and well-being of pediatric patients.

NAPNAP Foundation is pleased to support this session.

10:30–11:30 a.m. (1.0 contact hour)

Concurrent Sessions – Select Only One

305: New Pediatric Antibiotic Prescribing Guidelines (Rx)

Teri M. Woo, PhD, ARNP, CPNP-PC, FAANP

- Review updated pediatric community acquired pneumonia guidelines.
- Review updated strep pharyngitis guidelines.
- Review updated skin and soft tissue guidelines.
- Explore resources for antibiotic prescribing.

306: Hot Topics in Scholarship

Sarah A. Martin, DNP, MS, CPNP-AC/PC and Cathy S. Woodward, DNP, APRN, CPNP-AC, FNP-BC

- Explain the difference between an editorial and op-ed.
- Identify the basic structure of an op-ed and key questions used to frame an op-ed.
- Outline the steps to successfully pitch an op-ed.
- Discuss a lecture topic for abstract preparation and why it is important.
- List the steps to preparing an abstract for submission.

307: Minding the Gaps: Integrating Mental Health Care into Primary Care

Jennifer L. Uzzell, DNP, CPNP-PC, CLC, PMHS, EBP-C and Kelly Ruemmele, RN, MSN, CPNP-PC, PMHS

- Recognize common symptoms of mental health concerns such as anxiety and depression at different developmental levels.
- Identify skills needed for implementing and scoring mental health screening tools.
- Describe methods to increase mental health awareness, prevention and management in the primary care setting.
- Consider aspects of developmentally appropriate and culturally competent mental health management including

behavioral modifications, nonpharmaceutical methods parents can use at home, psychotherapy and psychopharmacology dependent on the severity of symptoms.

NAPNAP Foundation is pleased to support this session.

308: Help! I've Got a Time Bomb in my Head! Diffusing the Complexity of Moyamoya Disease (AC)

Felesia Bowen, PhD, DNP, PPCNP-BC, FAANP; Gabriella Tosto-D'Antonio, DNP, AGNP-BC; Regena Spratling, PhD, RN, APRN, CPNP-PC, FAANP, FAAN and Matthew Bowen, Moyamoya Patient

- Identify three critical time periods of Moyamoya disease symptom expression.
- Recognize presenting symptoms of Moyamoya disease at each critical period.
- Describe treatment options for Moyamoya disease.
- Define race-based medicine and health care practice and interventions to avoid it.

309: Pediatric Orthopedics for the Primary Care Provider

Ameeka George, CPNP-PC and Janice Lu, CPNP

- Define common pediatric orthopedic diagnoses.
- Recognize key components of the pediatric musculoskeletal exam and when to further evaluate with radiographic imaging.
- Identify red flags and when to refer to a pediatric orthopedic specialist.
- Describe the initial approach to management of common pediatric orthopedic concerns.

310: Painting the Landscape: A Reproductive Rights Update for the PNP
Mary Gallagher, DNP, MPH, CPNP-PC

- Differentiate between reproductive justice, reproductive rights and reproductive health care.
- Describe the current policy landscape for reproductive health services, including abortion and contraception.
- Describe key U.S. Supreme Court decisions that influence access to reproductive health care services.
- Identify key resources that describe current federal and state policies on reproductive health care services.
- Identify at least one way to engage in advocacy work in the area of reproductive health care.

311: Identifying, Understanding and Addressing the Systemic Challenges of Caring for Children with Medical Complexity at Home through Clinical Practice and Nursing Research

David Geyer, PhD, RN, CPNP-PC

- Describe the history of caring for children with medical complexity in the U.S.
- Identify at least one Medicaid policy related to the care of children with medical complexity.
- Identify at least one systemic challenge encountered by parental caregivers of children with medical complexity.
- Describe the implications that systemic challenges to caring for children with medical complexity have on parental caregiver health and wellbeing.
- Recognize clinical practices and/or research efforts that can address these systemic challenges.

NAPNAP's Children and Youth with Special Health Care Needs SIG is pleased to support this session.

1:10–2:25 p.m. (1.25 contact hours)
Concurrent Sessions – Select Only One

312: Important Topics in Breastfeeding

Managing Hypoglycemia and Hyperbilirubinaemia in the Breastfeeding Newborn
Christine Pfundstein, MS, APRN, CPNP-PC, IBCLC

- Identify evidence-based interventions that support breastfeeding for hypoglycemic newborns.
- Identify evidence-based interventions that support breastfeeding in newborns with hyperbilirubinaemia.

Slow Weight Gain in the Breastfed Infant: Identification and Management Strategies

Elaine D. Webber, DNP, PPCNP-BC, IBCLC

- Discuss strategies to improve weight gain in the breastfed infant including focusing on breastfeeding techniques.
- Describe herbal and pharmacological preparations which may be useful to increase parental milk supply.

The following legend is provided to identify sessions with different concentration.

LEGEND

AC	Acute Care
Rx	Pharmacology
CS	Controlled Substance
PsyRx	Psychopharmacology

Baby-Led Weaning: What's the Evidence? -

Cynthia A. Chew, DNP, CPNP-PC, IBCLC

- Compare the benefits and risks of traditional weaning and baby-led weaning methods.

Developing Safe Infant Feeding Plans When Parents Have High-Risk Medical Conditions

Cynthia A. Chew, DNP, CPNP-PC, IBCLC

- Identify high-risk parental conditions, treatments and behaviors which should be discussed with families who plan to breast/chestfeed.
- Summarize current guidelines and evidence related to contraindications to lactation.

NAPNAP's Breastfeeding Education SIG is pleased to support this session.

313: De-escalation of the Aggressive Caregiver or Pediatric Patient

Michelle Rickard, DNP, CPNP-AC, CHPPN

- Identify commonalities in angry or aggressive caregivers or patients.
- Determine effective strategies to de-escalate an aggressive patient or caregiver.
- Theorize the use of evidence-based approaches to engaging with an aggressive caregiver or patient.
- Explore interventions for reducing burn-out and anxiety in health care providers.

314: A Heart to Heart Talk: What To Know When the Well-Child Visit is a "Cardiac Kid"

Briana Landecker, MSN, MS, CPNP-PC and Cheryl Barton, MSN, CPNP-PC

- Define pediatric cardiac disease and congenital heart defects with a focus on abnormalities of heart structure versus heart function.
- Describe common primary care chief complaints that can mask worsening heart disease.
- Name five pearls of well-child management as applied to children with heart disease.
- Describe activity restrictions for children with repaired versus unrepaired cardiac defects.
- Explain nutrition, dental care and immunization guidelines for children with heart concerns.

315: Important Topics in Ethics (AC)

The Ethics of Resuscitation: How Can We Do Better?

Heather E. Herrera, MSN, RN, CPNP-AC/PC

- Discuss ethical considerations during and after pediatric resuscitation giving consideration to in-hospital arrest and out-of-hospital arrest.

Balancing Autonomy and Beneficence: Determining Medical Decision-making Capacity in Complex Situations: The Basics and Beyond

Christina M. Cwynar, DNP, CPNP-PC, PMHNP-BC

- Define medical decision-making capacity.

Should We Get an Ethics Consult? Navigating Ethical Controversies in Pediatric Acute Care

Stacey M. Sears, DNP, RN, CPNP-AC

- Recognize situations where it is appropriate to involve ethics or legal counsel regarding pediatric acute care patients and their families.

316: Important Topics in Child Maltreatment

Female Genital Mutilation: Essentials for the PNP

Gail A. Hornor, DNP, CPNP, FAPSAC, SANE-P

- Define female genital mutilation and cutting in terms of anatomical changes by type.
- Describe possible short- and long-term complications of female genital mutilation and cutting.
- Describe the importance of cultural humility when addressing female genital mutilation and cutting.

Medical Child Abuse: An Under-recognized Form of Child Maltreatment

Kristen Morris, DNP, CPNP, AFB-BC

- Define medical child abuse.
- Describe the importance of objective symptom documentation where there is a concern about possible medical child abuse.

Sentinel Injury: Raising the Red Flag of Concern for Infant Maltreatment

Kristen Morris, DNP, CPNP, AFB-BC

- Identify techniques for medical history taking when a sentinel injury is identified or described by a caregiver.
- Apply the bruising clinical decision tool to case studies of infants.

NAPNAP's Child Maltreatment SIG is pleased to support this session.

Conference Schedule

WEDNESDAY, MARCH 12 *continued*

317: Important Topics in Clinical Practice

Head, Shoulders, Knees and Toes: Vascular Malformations You Need to Know!

Rachel Swerdlin, DNP, APRN, CPNP-PC

- Distinguish between vascular tumors and vascular malformations.

Uncovering Pediatric Fever Syndrome

Clare McKegney, DNP, MSN, CPNP

- Recognize the pattern of PFAPA syndrome and consider diagnostic evaluation earlier in a child's disease process.

Who is Really Allergic? Outcomes of a Penicillin Allergy Testing Service

Trisha Wendling, DNP, APRN, CNP

- Discuss allergic versus non-allergic reaction to testing.
- Describe a novel approach to testing that can be done in the primary care provider's office.

318: What's New with Dys? Autonomic Dysfunction Trends for the Pediatric Clinician (Rx)

June Bryant, DNP, APRN, CPNP-PC

- List the common conditions associated with pediatric autonomic dysfunction.
- Explain the impact of COVID-19 on pediatric autonomic dysfunction.
- Use provided diagnostic criteria to identify autonomic dysfunction in case study scenarios.
- Compare different treatment modalities for managing pediatric autonomic dysfunction.
- Analyze the current research on pediatric autonomic dysfunction.

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2:45–4 p.m. (1.25 contact hours) Concurrent Sessions – *Select Only One*

319: Weight, Weight, Don't Tell Me: Patient-centered Approaches to Weight Management (Rx) (CS)

Emily Sousa, NP, PhD, CDCES, DiplACLM and Bianca Salvetti, DNP, NP, PhD, CDCES, DiplACLM

- Discuss weight management holistically through a lens of metabolic stress management.
- Evaluate personal bias and identify ways it impacts patient and provider relationships.
- Identify interviewing techniques to optimize patient-centered approaches to weight management.
- Apply information to improve confidence and comfortability in conducting a patient-centered weight management assessment.

NAPNAP's Childhood Obesity SIG is pleased to support this session.

320: Ethics of Adolescent Consent for Vaccines in Clinical Settings

Alexa D. Thompson, MS, APRN, CPNP-PC

- Identify ethical factors that are important to informed consent.
- Describe ways nurse practitioners can become more aware of consent laws.
- Evaluate educational practices in the clinical setting that are used to educate hesitant parents on the importance of informed consent.

NAPNAP's Immunization SIG is pleased to support this session.

321: Assessing the Pediatric Patient for Extubation Readiness (AC)

Jodi J. Bloxham, DNP, ARNP, CPNP-AC, CPNP-PC

- Differentiate various extubation readiness protocols and compare to the current literature.
- Critique assessment strategies utilized in real-life case-based extubation scenarios.
- Identify extubation readiness signs in the pediatric patient.
- Discuss rates of extubation failure in the pediatric patient and negative consequences associated.

322: Understanding Pediatric Chronic Pain: Impact on Kids Mental Health and How to Treat It

Sharon Wrona, DNP, PNP-PC, PMHS, PMN-BC, AP-PMN, FAAN and Lauren Renner, MS, PNP-PC, PNP-AC, PMN-BC

- Describe what pediatric chronic pain is and the biopsychosocial model of chronic pain.
- Recognize the impact of pediatric chronic pain on the child's mental and emotional health, the family and society.
- Identify various evidence-based treatment options and resources for chronic pain in pediatrics locally, regionally and nationally.

323: Healthy Futures: Providing Evidence-Based Primary Care in School Health Clinics (Rx) (PsyRx)

Alley Claycomb, CPNP-PC; Tedra Smith, DNP, CRNP, CPNP-PC, CNE, CHSE and Teresa M. Whited, DNP, APRN, CPNP-PC

- Identify, diagnose and manage common mental health concerns in school-based clinics.
- Implement guidelines and practical application of partnering with school systems to promote screenings and sports physicals.
- Apply evidence-based reproductive health guidelines in primary care and school-based health clinics.

NAPNAP's School-based Health Care SIG is pleased to support this session.

324: Advancing Health Equity in Pediatric Care: Lessons Learned for Pediatric-Focused NPs on Leveraging Medicaid 0-6 and Waivers for Transformative Change

Jennifer Walsh, DNP, CPNP-PC, CNE

- Review Medicaid 0-6 and its benefits.
- Analyze the impact of Medicaid on pediatric health outcomes.
- Explore the function and application of Medicaid waivers.
- Develop advocacy skills for health equity.
- Identify inter-disciplinary partnerships unique for each state of participants.

325: Developing Leadership Skills and Emotional Resilience in Pediatric Nurse Practitioners

Elaine D. Webber, DNP, PPCNP-BC, IBCLC and Nadine Wodwaski, DNP, MSN-ed, ACNS, RN

- Identify personal leadership styles by completing a leadership style questionnaire, understanding how it influences interactions and decision-making processes in pediatric nursing settings.
- Recognize and interpret various emotional cues by engaging in emotional charades, enhancing emotional intelligence and ability to empathize with pediatric patients and their families.
- Analyze and resolve conflict scenarios by participating in the Whodunit conflict resolution mystery, applying effective conflict resolution strategies tailored to pediatric nursing contexts.
- Describe how different leadership styles affect team dynamics and patient care outcomes in pediatric nursing with a focus on enhancing collaborative practices and patient satisfaction.
- Apply emotional intelligence principles in interactions with pediatric patients and colleagues, aiming to improve communication, reduce misunderstandings and foster a supportive health care environment.

4:15–5:15 p.m. (1.0 contact hour)

326: Become a NAPNAP Immunization Leader

Stacy B. Buchanan, DNP, RN, CPNP-PC; Meara Henley, DNP, RN, CPNP-PC, PMHS; Teresa M. Whited, DNP, RN, APRN, CPNP-PC and Stephania Galindo, MSN, APRN, CPNP-PC

During this interactive panel session, you will hear from NAPNAP members who participated in NAPNAP's COVID Immunization Champion project. Participants will be eligible for consideration for our 2025 COVID Immunization Champion project.

Moderna is pleased to support this session.



THURSDAY, MARCH 13

8 a.m.–5 p.m.

CRC-AC: Acute Care PNP Certification Review Course (Day One)

9:30–10:30 a.m. (1.0 contact hour)

General Session – All Participants

401: Keynote: Uncover Your Purpose and Potential with Systems Thinking

Claire Phillips, DNP, RN

- Recognize your life and career as interconnected systems.
- Identify key personal and professional assets.
- Map connections between assets to discover new opportunities.
- Pinpoint leverage points for greater impact.
- Create a list of career possibilities aligned with your strengths and purpose.

10:45 a.m.–Noon (1.25 contact hours)
Concurrent Sessions – Select Only One

402: What is the Autism Acronym: Name It on the Spectrum

Jennifer Keller, DNP, CPNP, PMHS and Barbara Picard, MSN, CRNP

- Identify surveillance, screening and evaluation steps for autism spectrum disorder (ASD).
- Describe initial interventions and utilized therapies for ASD.
- Recognize different integrated models of care within primary and specialty realms of health care.
- Acquire new skills and best practices in pediatric developmental and behavioral health care.

NAPNAP's Developmental Behavioral and Mental Health SIG is pleased to support this session.

403: Lions, Tigers and RSV Bronchiolitis: Health Care Burden, Changing Epidemiology, New Vaccines and the Future

Karen Y. Capusan, DNP, CPNP-PC

- Describe the studies that show correlation between RSV infection and subsequent wheezing.
- Recognize the impact of COVID-19 on RSV seasonality and epidemiology.
- Identify which populations are eligible for the nirsevimab vaccine.
- Identify strategies for effective vaccine counseling to improve nirsevimab uptake in children.

404: Orientation Overhaul: Cultivating a High Functioning APP Workforce (AC)

Yael Derman, MSN, APRN, CPNP-AC, CPHON

- Describe documented challenges new APPs face in their specialized role training and transition into practice.
- Identify the importance of a specialized APP orientation program.
- Identify current gaps in the literature regarding specialty specific tools to guide orientation processes.
- Conceptualize core content, educational strategies, evaluative processes and feasibility of a standardized and specialized orientation program based on the Lurie Children's inpatient Hematology/Oncology/Stem Cell Transplant (H.O.T) new APP orientation model.

405: Scratch Beyond the Surface: Keeping Current in Atopic Diseases for the Busy Primary Care Provider (Rx)

Megan O. Lewis, MSN, RN, CPNP-PC; Maria Crain, MSN, RN, CPNP-PC and Elizabeth Hanna, MSN, RN, CPNP-PC

- Describe the newly approved biologic omalizumab and why it improves safety for food allergy.
- Describe the role of immunotherapy for the treatment of food allergy and allergic rhinitis.
- Define the patients that should be considered for biologic therapies.

NAPNAP's Asthma and Allergy SIG is pleased to support this session.

Conference Schedule

406: TikTok Toxidromes: A Case-based Review of Overdose Trends in Adolescents (Rx) (AC) (PsyRx) (CS)

Elizabeth Espinoza, DNP, APRN, CPNP-AC

- Describe three prevention strategies that can be utilized by PNP's to educate families on the risks of ingestions.
- Identify a potentially fatal complication of caffeine overdose and describe stabilization and management strategies.
- Recognize the symptoms of various ingestions and describe the appropriate treatment for each.

NAPNAP's Adolescent Health Care SIG is pleased to support this session.

407: Systemic Lupus Care in the Primary, Acute and Specialty Care Setting (Rx)

Annelle B. Reed, MSN, CPNP-PC

- Review autoimmune symptoms, diagnosis and treatment of SLE (Systemic Lupus Erythematosus).
- Identify appropriate laboratory tests for evaluation, diagnosis and prognosis of SLE and mental health screening tools.
- Review specific medications used to treat pediatric SLE.
- Discuss how each component of primary, acute and specialty care can provide for children with SLE.

12:15-1:15 p.m. (1.0 contact hour)
Concurrent Sessions – Select Only One

408: Immunizing the Newly Arrived Pediatric Patient (Rx)

Cassandra Duran, DNP, RN, FNP-BC and Norma Castillo, MSN, RN, FNP-BC

- Identify the immigrant child.
- Describe the things we know about the immigrant child.
- Determine how to read a vaccine record from another country.
- Determine what vaccines the immigrant pediatric patient needs today.
- Identify common pitfalls seen on the immigrant child's vaccine record.

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409: Understanding the 2023 Clinical Practice Guideline on Pediatric Obesity (Rx)

Ihuoma Eneli, MD, FAAP and Jeanne Lindros, MPH

- Summarize the 2023 Clinical Practice Guideline for Evaluation and Treatment of Pediatric Obesity (CPG).
- Review translation of CPG recommendations to a resource change package and two QI projects.
- Identify clinical decision supports and resources that can support implementation of the CPG recommendations in primary care.

NAPNAP's Childhood Obesity SIG is pleased to support this session.

410: From the Salem Witch Trials to TikTok Tics: Managing Mass Sociogenic Illness, Munchausen's By Internet and Digital Factitious Disorder

Christina M. Cwynar, DNP, CPNP-PC, PMHNP-BC and Maria Raffoul, MSN, CPNP-PC

- Define mass sociogenic illness.
- Recognize patterns of psychosomatic illness associated with internet use.
- Describe interventions for mass sociogenic illness.

411: Beating and Breathing: How Cardiopulmonary Interactions Affect Pediatric Critical Care Management, an Interactive Case-based Learning Experience (Rx) (AC)

Amy Florez, DNP, APRN, CPNP-AC; Christin Diller, DNP, APRN, CPNP-AC and Meghan Roller, MSN, APRN, CPNP-AC

- Identify the effects of positive and negative pressure ventilation on circulation.
- Identify the effects of cardiac function on respiration.
- Recognize, utilizing case studies, the cardiopulmonary interactions on various critical care physiologies.
- Describe how to tailor management strategies in various critical care physiologies with regard to cardiopulmonary interactions.



412: Hear and Now: Hearing Loss, Ear Infections and Development in Primary Care

Camille Walker, CPNP-PC and Sacheen D. Harris, MSN, CPNP-PC

- Define the types of hearing loss in children, including sensorineural, conductive and mixed hearing loss.
- Identify perinatal risk factors for sensorineural hearing loss and their implications for early diagnosis and intervention.
- Recognize the signs and symptoms of recurrent otitis media and chronic middle ear effusions in pediatric patients.
- Describe the indications for tympanostomy tube placement and the benefits of this intervention for children with chronic otitis media.
- Define the role of primary care providers in the early detection and referral of children with potential hearing loss, emphasizing the importance of prompt and effective follow-up care.

FRIDAY, MARCH 14

7:30 a.m.–4:30 p.m.
CRC-AC: Acute Care PNP Certification Review Course (Day Two)