

# RSV & Respiratory Illnesses

Respiratory syncytial virus (RSV) is a common respiratory virus that causes cold-like symptoms

## Know the Symptoms

Signs & Symptoms	RSV	FLU	COLD	COVID-19
Aches		Common		Occasional
Chills		Occasional		Occasional
Cough	Common	Common	Common	Common
Diarrhea		Occasional		Occasional
Difficulty Breathing	Common	Occasional		Occasional
Fatigue	Occasional	Common	Occasional	Occasional
Fever	Common	Common	Occasional	Common
Headache		Common		Occasional
Loss of Taste or Smell				Common
Nausea/Vomiting		Occasional		Occasional
Sneezing	Occasional	Occasional	Common	
Sore Throat	Occasional	Common	Occasional	Occasional
Stuffy/Running Nose	Common	Common	Occasional	Occasional
Wheezing	Common			

## Prevention



Ask about **nirsevimab (Beyfortus®)** or **clesrovimab (ENFLONISIA™)** to protect your infant.

They may be eligible if:

- Under 8 months old entering their first RSV season
- Born <14 days after mother's maternal RSV vaccination
- Mother did not receive a maternal RSV vaccination (ABRYSVO®) or unknown
- High-risk patients age 9-18 months



**Wash Your Hands**

Wash your hands often with soap and water.



**Stay Home When Sick**

Avoid contact with individuals who have symptoms.



**Cover Coughs**

Cover your coughs and sneezes to stop droplets properly.

## Treatment



**Suction**

The more that gets suctioned, the less it will go into the lungs.



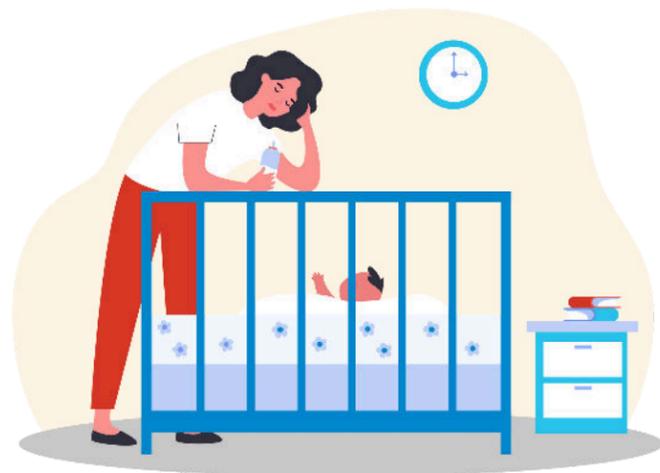
**Encourage Fluids**

Fluids can help to thin out mucus.



**Medication**

Medicate to treat fever and discomfort, if recommended



National Association of Pediatric Nurse Practitioners<sup>SM</sup>

Visit [napnap.org/rsv-resources](http://napnap.org/rsv-resources) for more about RSV prevention for infants and pregnant women