

Facts About COVID-19 Disease in Kids



- Children and teens can have long-term health problems called long COVID after getting COVID-19.
 - Long COVID can last for at least three months and can be a continuous problem or come and go over time. It affects different parts of the body.
- Kids who get vaccinated against COVID-19 are less likely to get long COVID.
- Teens and young adults have a higher chance of getting long COVID compared to younger children.
- You can get long COVID even if your COVID-19 case was mild.
- Most kids with COVID-19 have mild to moderate symptoms, but they can still spread the virus to family and friends who could get seriously sick.
- COVID-19 isn't just a cold; it can cause more serious issues like heart and other organ problems.
- COVID-19 can also affect a child's mental health.
- Even healthy kids who had COVID-19 have died.



Facts About COVID-19 Vaccine for Kids



- Getting vaccinated is the best way to protect kids from COVID-19 and its problems, like long COVID.
- The COVID-19 vaccine is safe and works well for kids and adults.
- Everyone aged 6 months and older should get an updated COVID-19 vaccine every year.
- The COVID-19 virus changes, so the vaccine is updated every year.
- You can get the COVID-19 vaccine at the same time as other vaccines, like the yearly flu shot.
- Kids get a smaller dose of the COVID-19 vaccine than teenagers and adults.
- Even if you've had COVID-19 before, it's still important to get the vaccine every year.
- COVID-19 vaccines are free with insurance or through the Vaccines for Children program until you turn 18.
- Kids' side effects from the COVID-19 vaccine are usually mild and go away in a day or two.
- Mild side effects mean your body is building protection against the virus.
- The most common vaccine side effects are arm pain, feeling tired, and headaches.
- mRNA cannot change or mix with a person's DNA.

