

Emergency Preparedness for Children with Medical Complexity

Being prepared for a disaster is important for every family but especially those caring for children with special healthcare needs. Use this resource to help prepare for an emergency evacuation.



Emergency Family Contact Info:

Name	Phone	Email

Medical Provider & Pharmacy Contact Info:

Provider	Phone	Email

Alternative Transportation Accommodations:

Company	Phone	Email

Alternative Housing/Shelter Accommodations:

Housing/Shelter Name	Address	Phone



National Association of
Pediatric Nurse PractitionersSM
Children and Youth with Special
Health Care Needs SIG



National Association of
Pediatric Nurse PractitionersSM
Children in Disasters SIG

Medical & Health Necessities

- Healthcare binder (medical paperwork/medical history)
- Medications and vitamins (prescriptions and over the counter)
 - ★ star/highlight any meds that require prior authorization and suggest emergency access for alternative meds if prolonged disaster

Daily Care Items

- Nutrition
 - formula, water, enteral feeding bags, syringes, bottles, specialized nipples/spoons/bowls, parenteral nutrition, IV fluids, IV tubing supplies
- Incontinence supplies
 - diapers, pads, catheters, wipes, barrier cream
- Hygiene
 - hand sanitizer, soaps, lotions, creams, washcloth, towels, bathing chair, toothbrush, paste
 - wound care/prevention supplies (ointments & dressings), gloves
- Stoma care
 - tracheostomy, gastrostomy & ostomy supplies
- Assisted technology
 - feeding pump, ventilator/NIPPV, electrical cords & chargers, suction machine & suction supplies, oxygen & tubing/masks, airway clearance (vest/cough assist/acapella/incentive spirometry)
- Orthotics & essential DME
 - AFOs, WHOs, TLSO, night splints, immobilizers, positioning pillows/wedges, trunk/neck supports
 - wheelchair/stroller, assisted mobility devices (walker, crutches), adapted car seat

Other Important Items

- Wallet, credit cards, insurance documents, cash, vaccination records
- Cell phones & chargers, laptops & chargers/external hard drive/thumb drives
- Clothes, shoes
- Blankets/pillows/sleeping bag
- Headlights/camping lights, battery charger, work gloves, crowbar, rope
- Toys, special support items for the child (I-pad, communication board, stuffed animals, etc.)

Priority Documents

- Driver's license, passports
- Living trust, birth certificate, marriage certificates, naturalization certificate
- Social security card

Notes:

