

Wednesday, March 13

10:15 a.m.-Noon (1.25 Contact Hours)

101: General: Opening Keynote

Coming Soon!

1:30-2:45 p.m. (1.25 Contact Hours) Concurrent Sessions – Select Only One

102: Sedation & Analgesia Outside the Box: Choices and Challenges

Elizabeth Espinoza, DNP, CPNP-AC and Lauren Flagg, DNP, APRN, CPNP-AC

Pain and sedation management in the pediatric population has traditionally focused on opioids and benzodiazepines, but there are many other options. We will review the benefits of using a multimodal strategy for pain and sedation management, including the use of alternative agents and administration routes, to ensure patient comfort. We will also review side effect prevention, including delirium assessment and management..

103: A New Era in Pediatric Weight Management: Anti-Obesity Medications for Adolescents

Amy Bartoshesky, FNP-BC and Suzanne Paul, FNP-C

The new AAP guidelines for pediatric obesity management recommend consideration of anti-obesity medication as adjunct treatment. How can pediatric-focused NPs incorporate these agents into their practice? This presentation will review approved medications, and teach learners how to use them safely and competently.

104: Cancer Predispositions in Pediatric Patients

Paige Johnson, RN, DNP, MPH, CPNP-PC

Awareness of cancer predispositions in families can improve access for screening and possibly early diagnosis and treatment of a cancer, especially in pediatric patients. Primary care pediatric-focused APRNs need to be aware of the existence of predispositions and how to have conversations with their patients and families, and understand the meaning of multiple cancers in families and how to refer these families for genetic testing and screening clinics. This presentation will address the most common cancer predispositions, their cancer risks, how to collect a comprehensive history and referral to a pediatric center for screening and management.

105: Supporting Youth Experiencing NSSI

Catherine A. Cheely, DNP, APRN, CPNP-PC, PMHS

Nearly one in five high school students endorse they have experienced nonsuicidal self-injury (NSSI), underscoring an urgent need for pediatric-focused APRNs to possess the knowledge and skills to support these patients. This presentation will review the evidence surrounding assessment and treatment recommendations for NSSI among youth and empower the pediatric-focused APRN community to effectively engage with this important population.

106: JPHC is Your Journal....Publish Your Scholarly Work in JPHC

Donna Hallas, PhD, PPCNP-BC, CPNP, PMHS, FAANP, FAAN and Anne L. Derouin, DNP, APRN, CPNP, PMHS, FAANP

This presentation will include updates for the Journal of Pediatric Health Care (JPHC) that have occurred since July 2023, and discuss future directions. Be a part of the Journal's journey as we focus on publishing your scholarly work that will make a meaningful difference in pediatric health care in the U.S. and worldwide. Learn how to use reporting guidelines to develop your scholarly work into a publishable manuscript for any research investigation, quality improvement projects and all department submissions. The JPHC Editors will offer insights and strategies for developing your pediatric-focused expertise and translating it to a manuscript for publication. Meet the Editor-in-Chief, the Associate Editor, Department Editors, Reviewers and commit to becoming involved!

107: Don't Get HIT: Venous Thromboembolism and Heparin-induced Thrombocytopenia

Chris Kyper, DNP, CPNP-AC/PC

Venous thromboembolism (VTE) is a fairly common occurrence in the acute care setting. Heparin-induced thrombocytopenia (HIT) is an uncommon adverse reaction to heparin. Pediatric approval for the use of direct oral anticoagulants (DOAC) has changed VTE and HIT management. This presentation will review the pathophysiology of both conditions and discuss the use of DOAC in their treatment.

108: Cultural Considerations in Pediatric Autism Spectrum Disorder Evaluations

Daphna Shaw Zack, DNP, APRN, CPNP-PC; Veronica Bordes Edgar, PhD, ABPP; Beatriz MacDonald Wer, PhD and Karen Dorsman PhD

How can pediatric-focused APRN's remain culturally aware when conducting pediatric autism spectrum disorder (ASD) evaluations? This presentation will discuss cultural and linguistic factors affecting evaluations for ASD. Participants will apply concepts learned through case studies.

3:10-4:25 p.m. (1.25 Contact Hours) Concurrent Sessions – Select Only One

109: Advanced Practice Professional Development and Education Leadership Roles in Children's Hospitals

Rajashree Koppolu, MSN, MSL, BSN, BS, CPNP-PC/AC, RN, NPD-BC

Panelists: Lisa Ring, CPNP-AC/PC, Emily Moore, ARNP, PhD, Rachel Swerdlin, DNP, APRN, CPNP-PC, Laura Abels, BA, CNP, RN, APRN, PMHCNS-BC, APHN-BC and Kathryn Williams, MSN, FNP-BC

As the Advanced Practice Provider (APP) workforce continues to grow within children's hospitals, so does the need to create leadership roles which support the professional development of APPs. This presentation will be a panel discussion of advanced practice leaders who serve in professional development and education roles within children's hospitals. Participants will have the opportunity to hear from leaders who serve in these roles and learn more about their career trajectories and specific initiatives they support.

110: Hot Topics: Managing Pediatric Burns of All Depths and Sizes

Debbie Harrell, MSN, RN, NE-BC

Through current, evidence-based information, vivid photographs and an interactive slide presentation, the pediatric-focused APRN will discover proper acute care of the burn patient. The presentation will deliver case studies that highlight the role of the pediatric-focused APRN in the initial management of a burn patient including discussion of fluid resuscitation, intubation decisions, inhalation injuries, determining burn size and treatment interventions. Acute burn care management of the patient with a thermal injury determines both short-term and long-term outcomes, including survivability.

111: AI in Healthcare: The Good, the Bad and the Future

Amy B. Manion, PhD, APRN, CPNP-PC

Unlock the potential of Artificial Intelligence (AI) as we dive into the myriad of its applications in pediatric health care. This presentation will help you gain valuable insight into the power of machine learning in predicting diseases, identifying patterns and recommending targeted interventions. Attending this AI discussion will leave you inspired and equipped with the tools to shape the future of pediatric health care.

112: Global Health: Mission Trips and Beyond

Cathy Woodward, DNP, APRN, CPNP-AC, FNP-BC

The first thing most pediatric-focused APRN's think about when they hear global health is participation in mission trips to developing countries to provide health care or teach health care providers. Though this can be a part of being involved in global health it is not all we can do. The deeper meaning of global health will be discussed in this presentation with a goal to help pediatric-focused APRN's recognize that there are many ways to expand our reach in the world.

113: The Great Imitator: Congenital Syphilis - What Every NP Should Know

Sabrina O. McCauley, CPNP, NNP, DNP

Coming Soon!

114: Pediatric Psychopharmacology: Understanding Receptor Targets to Identify Medications That May Work Best for Children and Teens

Joanne M. Howard, MSN, MA, RN, CPNP-PC, PMHS and Anne Craig, MSN, RN, CPNP-PC

Medication trials for pediatric mental health concerns do not always result in a therapeutic response and may not be tolerated by the patient. In this presentation, we will look at psychopharmacologic agents used in the pediatric population from the perspective of their interactions with receptor targets in the brain and body. Case-based examples will focus on first and second line treatments and allow an increased understanding of a drug's therapeutic effects as well as its potential for causing side effects or adverse reactions.

115: Rethinking Equitable Breastfeeding Management: Using a Patient-Centered Approach and AAP Guidelines

Allison Scott, DNP, CPNP-PC, IBCLC and Tracie Kirkland, DNP, ANP-BC, CPNP-BC

The AAP revised Breastfeeding Policy Statement updates breastfeeding recommendations as a public health imperative. It signifies to health care providers that it is time to fully support all lactating families and promote equitable care. This presentation will provide guidelines to ensure you are providing best practices for breastfeeding dyads. We will discuss health inequities, identification of common problems and how to best manage these in a timely manner. Participants will learn how to make a positive, life-long difference in the health status of the infants and mothers.

4:40-5:40 p.m. (1.0 Contact Hour) Concurrent Sessions – Select Only One

116: The Air Goes In and Out: A Review of the Updated PALICC-2 Pediatric Acute Respiratory Distress Guidelines (AC)

Kaitlyn Bayliss, MSN, CPNP-AC and Blythe Pollack, MSN, CPNP-AC

This presentation will review the diagnosis and management of pediatric ARDS as set forth by the second Pediatric Acute Lung Injury Consensus Conference, as well as updates to the 2015 guidelines. We will share a summary of the application of the PALICC-2 guidelines to clinical practice in an effort to reduce the significant morbidity and mortality associated with pediatric ARDS.

117: Scholarly Podcasting 101

Rebecca Carson, DNP, APRN, CPNP-PC/AC

Podcasts are easy to produce and quickly disseminate knowledge across the globe. But with so much information on the internet, how can the audience trust the quality of a podcast? This presentation will discuss the development of a scholarly podcast including creation, content production and distribution, and quality checklists to ensure entertainment value and rigor.

118: Antiviral Therapeutics for Pediatric Primary and Acute Care (Rx)

Ashley Gyura, DNP, CPNP-PC

Viral illness is common in the pediatric population, and antiviral therapies are available for prevention or treatment of select viruses. This presentation will review antiviral medications commonly used in pediatric primary and acute care, including targeted populations, efficacy data and current guidance.

119: Concussion State of the Science: Evidence & Tools from the 6th International Concussion in Sport Meeting

Traci Snedden, PhD, RN, CPNP, CNE, FNAP

Concussion continues to be in the spotlight with significant concern for both short- and long-term effects on the health and well-being of children and adolescents. This presentation will provide participants with the latest evidence-based knowledge, spanning the spectrum of concussion from definition to initial management, treatment, return to play and school protocols and prevention. Additionally, you will become familiar with new tools that have emerged to aid clinicians in diagnosing and supporting concussion in children and adolescents.

120: LGBTQIA2S+ Patients: Embracing Gender Diversity in Practice

Jeremy Jordan, PhD, CRNP, CPNP-AC, CCRN, CNE and Alexandra Armstrong, MSN, CRNP, CPNP-AC

Children and young adults who identify as LGBTQIA2S+ have statistically significantly worse health outcomes compared to their cisgendered-heterosexual counterparts. These children experience significantly higher rates of depression, anxiety and suicide, along with distrust of the health care system. To address these health disparities, pediatric-focused APRNs must be prepared to provide competent care to this population and train future APRNs in caring for these patients. Through this interactive presentation, the audience will participate in activities to discover the ever-changing terminology, the unique health care needs, the psychosocial and mental health concerns and family acceptance (or lack thereof) of LGBTQIA2S+ patients.

121: Wired Differently: Managing Neurodiversity in Pediatric Primary Care

Samantha Hoffman, DNP, MS, CPNP-PC

Some of our patients are wired differently, but that's okay with us! The term "neurodiversity" is being seen and heard often in the pediatric health care setting. What diagnoses does this term cover and how does it impact patient care? This presentation will cover common definitions related to neurodiversity, discuss its importance in the pediatric primary care setting and provide you with tangible advice on how to manage and support neuro-diverse patients and their families while in the office.

122: A Strategic Guide to Management and Treatment of Eating Disorders in the Outpatient Setting

Kaitlin Borelli, CRNP, PMHS, MSN

You suspect an eating disorder, now what? This presentation will provide a framework aimed at maintaining medical stabilization for malnutrition thereby reducing the instance of hospitalization. Important aspects of this care include calculating weight and calorie goals, identifying screening labs and monitoring for medical instability that may warrant a higher level of care.

Thursday, March 14

8-9 a.m. (1.0 Contact Hour) Concurrent Sessions – Select Only One

200: The Patient in Room 2: Spin the Behavioral Health Wheel!

Adele Foerster, MSN, APRN, CPNP-PC/AC, ICE-CCP ; Beth Heuer, DNP, CRNP, CPNP-PC, PMHS, FAANP and Katherine Peppers, DNP, CPNP, PMHS, CLC, RN

The pediatric behavioral health crisis in the U.S. likely appears daily in your primary care practice. In this presentation, get comfortable with surprise concerns when well-check scenarios surface something deeper that needs to be addressed now. Participants will volunteer to spin a "mystery issue" wheel to respond to a patient revelation independently, with audience help or by tagging our experienced panelists standing by. The mystery issues may be common and straightforward or complex - and volunteers will receive a prize for participating!

201: Children with Chronic Mechanical Ventilation (AC)

Ann Marie Ramsey, RN, MSN, CPNP-PC

Do you ever wonder what happens to the child discharged from your ICU on chronic mechanical ventilation? Will that child ever come off the ventilator? What are some of the variables associated with successful liberation or persistent need for ventilation? This presentation will explore the variety of medical conditions in the home ventilator population and relate the diagnosis to the likelihood of ventilator liberation and other outcomes.

202: More Than MUDPILES: A Case-based Approach to Metabolic Acidosis (AC)

Dani Sebbens, DNP, CPNP-AC/PC

Metabolic acidosis results from derangement of the body's acid-base balance. Mnemonics, such as MUDPILES, are used to remember differential diagnoses. This presentation will provide a case-based approach to common and less common causes of metabolic acidosis.

203: Adolescent Reproductive Justice: Providing Person-Centered Contraceptive Counseling

Anneka Quinn, DNP, FNP-C, PMHS

Every person deserves a right to decide what is healthy for their body, especially when it comes to sexual and reproductive health. This presentation will briefly discuss the history of reproductive justice, introduce the concept of person-centered contraceptive counseling and give real world examples to help providers navigate these conversations in a way that fosters autonomy and promotes shared decision making.

204: AFPNP Member Meeting and Education Presentation

10-11:15 a.m. (1.25 Contact Hours)

205: General Session: 2024 Immunization Update (Rx)

Mary Beth Koslap-Petraco, DNP, PPCNP-BC, CPNP, FAANP

While presenting the latest CDC immunization information, Dr. Koslap-Petraco will share real life experiences and case studies to engage and challenge you to educate and vaccinate your patient families, especially those who question the need for vaccines.

11:25 a.m.-12:25 p.m. (1.0 Contact Hour)

206: General Session

Coming Soon!

1:45-3 p.m. (1.25 Contact Hours) Concurrent Sessions – Select Only One

207: Using Controlled Substances for Pediatric Behavioral Health

Dawn Garzon, PhD, CPNP-PC, PMHS, FAANP

The purpose of this presentation is to provide the pediatric-focused APRN with a review of the psychopharmacologic controlled substance agents commonly used in pediatric behavioral

health. For the novice to experienced provider, this presentation will include information to aid in the evaluation of the effectiveness of these agents and identifying warning signs of significant side effects from their use.

208: Unusual STI Presentations in Primary Care

Angela Hasler, CPNP and Jean Fletcher, CPNP, PMHS

STIs can be disguised as common primary care complaints. What happens when the mask comes off? This presentation will provide a case-based review of unusual STI presentations in primary care and their management using the updated CDC guidelines.

209: Let's Split the Bill: Update on the 2024 Coding and Billing Guidelines

Alycia Bischof, DNP, CRNP, CPNP-PC

New coding rules introduced in January 2024 will influence the way that nurse practitioners bill patient visits. It is essential that nurse practitioners are familiar with the new guidelines so that they can optimize reimbursement. "Incident to" and "Split/Shared billing rules will be reviewed as well as their impact on nurse practitioners' practice.

210: The Who, What, When and How of Neuroimaging: An Overview of Common Neuroimaging Modalities and Interpretation

Amanda Johnson, DNP, CPNP-PC/AC

Neuroimaging continues to make advancements in pediatric care and is prescribed for a variety of neurological concerns found on routine examination. This presentation will provide insight on common neuroimaging modalities and what method is the preferred for the diagnostic evaluation. e.g., head ultrasound, computerized tomography, magnetic resonance imaging and when to prescribe with infusion of contrast or without. We will discuss how to interpret the results and what results would be most concerning for a subspecialty evaluation.

211: Competency-Based Education: What the NP Preceptor Needs to Know

Jackie Calhoun, DNP, RN, CPNP-AC, CCRN

Competency-based education (CBE) is a new educational paradigm to which nurse practitioner education is shifting. The newest Essentials published by the American Association of Colleges of Nursing focuses on CBE. Preceptors are responsible for the clinical education of nurse practitioner students. This presentation will increase your understanding of what CBE is and how to effectively teach to it in the clinical environment.

212: From Petals to Fangs: Navigating Plant Poisonings and Venomous Injuries (AC)

Dani Sebbens, DNP, CPNP-AC/PC and Chris Kyper, DNP, CPNP-AC/PC

This presentation will provide an overview of toxic plants and a variety of envenomations, and will include an overview of poison control. Audience participation will be encouraged as we delve into plant, insect and reptilian toxicology.

213: Finding Funding: Strategies to Support Scholarly Work

Kristi Westphaln, PhD, RN, CPNP-PC and Jessica Bahorski, PhD, APRN, PPCNP-BC, WHNP

Do you have an idea for a research, EBP or QI project but are unsure how to fund it? Let the NAPNAP Research Committee help! This session will provide an overview of how to find funding to support your idea, necessary components of a grant proposal and tips for a successful application. We welcome nurses of all levels to this session.

3:20-4:35 p.m. (1.25 Contact Hours) Concurrent Sessions – Select Only One

214: Tick Talk: Digging Deeper into Lyme Disease

Ashley Gyura, DNP, CPNP-PC

Lyme disease is the most common vector-borne disease in the U.S., with a childhood peak at five to nine years of age. Pediatric-focused APRNs in both high and low incidence areas may encounter patients in whom Lyme disease is a concern. This presentation will provide an in-depth review of Lyme disease testing and interpretation, discuss when (and when not) to treat and examine the current knowledge regarding prolonged symptoms.

215: Nurse Practitioners Leading Anti-Trafficking Core Competencies Across Health Systems

Jessica Peck, DNP, APRN, CPNP-PC, CNE, CNL, FAANP, FAAN

Awareness of human trafficking is rising in the public conscious, but health professionals are not immune to implicit bias and stigma arising from well-intended but ill-informed information. This presentation will debunk common trafficking myths and equip pediatric-focused APRNs to lead implementation of evidence-based core competencies across health systems.

216: Lethal Means Reduction: Strategies for Family Conversations and Action

Shawna Sisler, PhD, MS, MA, MAPP, APRN, CPNP-PC and Jennifer Hamilton, APRN, DNP, CPNP-PC

Rates of self-inflicted harm and suicidal thoughts are rising in children and adolescents, with the choice of lethal methods significantly affecting outcomes. This presentation aims to equip pediatric-focused APRNs with actionable toolkits for reducing lethal methods, combining evidence-based approaches with collective expertise. It covers common youth suicide methods, initiating discussions on limiting access to such means and forming partnerships with public health, law enforcement and businesses for safer storage promotion.

217: DBMH Variety Interactive Discussion

Katie S. Erdlitz, DNP, CRNP, CPNP-PC, PMHS

Developmental behavioral mental health (DBMH) is an extremely important part of pediatric health care. Recent surveys reveal one in seven children under age 8 and one in five adolescents have a diagnosable DBMH condition. This presentation will highlight four different case studies to help increase knowledge on specific DBMH disorders.

218: Pediatric-focused APRNs as Health Policy Experts: Using Clinical Outcomes to Drive Sustainable Policy Changes

Ashleigh Bowman, DNP, RN, CRNP, CPNP-AC

The role of pediatric-focused APRNs has taken on an increasing focus on non-clinical contributions to care, including political activism and advocacy. Despite this growing focus, many APRNs feel ill-equipped, not qualified or simply not empowered to take on this role. The intersection between health equity and health policy is a critical moment of influence for pediatric-focused APRNs as well as advocating for the viability of our profession. This presentation will provide an introduction to the legislative process as well as provide an opportunity for participants to analyze health policy under applicable policy frameworks.

220: The Top 10 Answers are on the Board: What Educators Want Preceptors to Know!

Kristi Wintheiser, DNP, APRN, CPNP-PC

Clinical preceptors play an integral role in the success of advanced practice provider students and the health of our future workforce. This presentation will help preceptors learn best practices for working with students.

3:20-5:35 p.m. (2.25 Contact Hours) Concurrent Sessions – Select Only One

219: Acute Care Cases (AC)

Emily McRae, DNP, APRN, CPNP-AC/PC, FCCM; Jessica Spruit, DNP, CPNP-AC, CPHON, BMTN, FAANP and Danielle Van Damme, DNP, CPNP-AC

Join us in working through three clinical cases that will illustrate advanced topics in acute and palliative care. This interactive presentation aims to engage and challenge all participants. The discussion will target a large portion of acute care pediatric nurse practitioner specialty practices.

4:45-5:45 p.m. (1.0 Contact Hour) Concurrent Sessions – Select Only One

221: CYP 450: Impacting a Drug Near You

Stacia M. Hays, DNP, CPNP-PC, CCTC, CNE, FAANP

Drug-drug interactions can be difficult to anticipate. Knowledge of the CYP 450 enzyme pathway and its impact on the metabolism of an extensive number of commonly prescribed medications are important in preventing significant interactions. Using a case-based approach, this presentation will educate providers to identify common medications that are up-regulated and down-regulated based on the CYP 450 pathway, anticipating and adjusting for significant side-effects, and considerations for medication adjustments.

222: Improving Access to Mental Health Care in Rural Youth

Jennifer Marr, DNP, APRN, CNP, PNP-C and Kelsey McCollum, BSN

Mental health concerns for youth in the U.S. has reached epidemic levels. There are mounting concerns focusing on access to care, social determinants of health and trauma-informed care in our youth population. To address the mental health needs in rural youth, it can be beneficial to mobilize community partnerships to find opportunities to meet youth in a safe and accessible environment for both the patient and family. This presentation will review the creation of a mobile mental health clinic by collaborating with rural public school systems. We will discuss a

review of current mental health statistics, the current literature, the creation of community partnerships and piloted implementation of a mobile clinic to address mental health in rural youth.

223: Unseen Wounds: Effective Strategies to Address Challenging Trauma Symptoms and Behaviors for Youth in Foster Care

Christina Quick, DNP, APRN, CPNP-AC/PC, CHSE and Emma Buchele, RN, BSN

Discover the critical role pediatric-focused APRNs play in addressing trauma-related behaviors in youth within foster care. This presentation highlights critical issues faced by youth in foster care, trauma-related behaviors and explores targeted interventions to meet their unique needs. From evidence-based approaches like play therapy and trauma-focused cognitive-behavioral therapy to fostering open communication, trust and promoting trauma-informed parenting strategies, learn how pediatric-focused APRNs can proactively support caregivers and promote well-being. Participants will enhance their knowledge, responsiveness and effectiveness in managing trauma-related behaviors in primary care, ultimately contributing to the healing process and enhancing the resilience and well-being of foster youth.

224: The Sequelae of Chronic Lung Disease of Prematurity: Update on Premature Infants with Moderate to Severe BPD from Infancy through Childhood

Kirsten T. Nutty, MSN, CPNP

Coming Soon!

225: Research Podium Session

Coming Soon!

226: Difficult Conversations: Not Just for Death and Dying (AC)

Michelle Rickard, DNP, CPNP-AC

Advanced practice providers are frequently tasked with delivering unexpected or life-altering information to patients and their families. These conversations can be difficult for the families but are often stressful and emotionally draining for the providers as well. This presentation will give providers evidence-based techniques that promote a standardized approach for preparing and implementing these difficult conversations.

Friday, March 15

8-9 a.m. (1.0 Contact Hour) Concurrent Sessions – Select Only One

300: 12 Lead EKG Interpretation and Dysrhythmias in Children

Vanessa Kalis, DNP, CPNP-AC, ACNP-BC, CHSE, FAANP

This presentation will help providers interpret EKG findings in children and identify abnormal cardiac rhythms. In addition, we will also discuss the treatment for various dysrhythmias. We will use a case-based approach to review rhythm strips and 12 Lead EKGs. Then, we will discuss

the clinical presentation, diagnosis and evidence-based management based on the EKG findings.

301: QI Showcase Speed Session

- Pathway to Suicide Prevention in Primary Care - Reina Doyle,
- Collaboration of Acute and Post-acute Care PNP Teams - Amy E. Delaney, MSN, CPNP
- Don't Take a NAPNAP on Pediatric Mental Health Care Access (PMCHA) Programs - Lindsay J. Ward, MS, BSN, CPNP-PC, IBCLC

302: Harder to Breathe: A Cased-Based Approach to Status Asthmaticus

Lauren Flagg, DNP, APRN, CPNP-AC

Asthma is one of the leading causes of pediatric hospitalizations and emergency department visits in the U.S. We will explore evidence-based pediatric asthma management in acute and critical care settings through a real-world case scenario. This presentation will provide valuable insight into navigating the complexities of pediatric asthma emergencies, spanning initial emergency management through critical care.

303: Finding a Place to Call Home: The Importance of a Medical Home for Children with Cerebral Palsy

Traci Gonzales, MSN, APRN, CPNP-PC and Ginelle King, MSN, APRN, FNP-C

Cerebral palsy (CP) is the most common motor disorder seen in children. This presentation will review what providers should know about the diagnosis of CP, the recommended surveillance and interventions, common problems and co-morbidities, and transitioning into adult care.

304: Beyond Mnemonics: Novel Methods for Competency Based Education

Kristina Banks, DNP, MSN, APRN, CPNP-PC and Carol L. Savrin, DNP, RN, CPNP, FNP-BC, FAANP

AACN is guiding a shift to competency-based education; nursing faculty are tasked with shifting our focus from what learners know, to what they can do. NP competencies, similarly, are continually evolving. This interactive session is designed to equip faculty with innovative and exciting methods to help students achieve both the NONPF competencies and the AACN competencies.

10:30-11:30 a.m. (1.0 Contact Hour) Concurrent Sessions – Select Only One

305: Ready, Set, Glow: Updated Hyperbilirubinemia Guidelines

Mary Flynn, DNP, CPNP

Newborns are at risk for developing hyperbilirubinemia. In September 2022, the new AAP guidelines for hyperbilirubinemia were published unveiling new graphs and guidance for monitoring bilirubin levels, when to initiate phototherapy or to escalate care. This presentation will discuss the new hyperbilirubinemia guidelines and will include monitoring and managing babies at risk for hyperbilirubinemia within the nursery and outpatient setting.

306: Update on Surgical Options for Pediatric Epilepsy

Claire Reilly-Shapiro, ARNP

For some children with epilepsy, medical management is not enough. Learn about the latest surgical options for epilepsy patients including pre-surgical work up, postoperative care and expected outcomes.

307: Building an Evidence-Based Well-being Program to Address Advanced Practice Provider Burnout and Fulfillment

Bridget Garmisa, MSN, MS, CPNP, RD

Advanced Practice Providers (APPs) are a growing and significant portion of the health care workforce yet there is limited information on programs to support occupational well-being specific to this population. This presentation outlines the application of an evidence-based framework to decrease burnout and increase professional fulfillment in a well-being program specific to the unique needs of APPs. Participants will learn how to engage key stakeholders, apply framework methodology to their own institutions and be empowered as change agents in an organizational culture shift that supports APP well-being.

308: Intimate Partner Violence and Children

Gail Hornor, DNP, CPNP, SANE-P

Intimate partner violence is a public health crisis. This presentation will describe the potential negative impact of exposure to intimate partner violence on children of all ages and how best to identify and intervene when intimate partner violence is present. We will use Interactive case studies to enhance learning.

309: Genetic Red Flags Associated with Congenital Heart Disease

Jennifer Joiner, MSN, CPNP-AC/PC and Alexandra Grace, MSN, CPNP-PC

Have you ever been concerned that a child may have syndromic features and you are not sure what to do next? In this presentation, participants will be provided with a high-level overview of cardiac embryology and epigenetic factors associated with congenital heart disease. This interactive platform discussion will then guide participants through real-world case reviews and practical applications of genomic medicine in the acute care setting. Don't miss these red flags!

310: Transition to Practice Programs: Setting our Novice APRNs Up for Success

Kathryn Williams, MSN, CRNP, FNP-BC and Laura Abels, DNP, BA, PMHCNS-BC, APHN-BC

Novice APRNs face training challenges that are not just clinical competency acquisition, but also unmet professional and social needs. These training challenges place APRNs at an increased risk for burnout, role dissatisfaction and job transition. This presentation will describe how four pediatric institutions have implemented transition to practice programs and how each unique training program has met the training needs of novice APRNs and brought value to their organization by recruiting, training and retaining APRN talent.

311: "Sparking" Connections in Primary Care: Strategies to Promote Strong Parent-Child Relationships and Early Childhood Development

Ariana R. Komaroff, DNP, FNP-BC, IBCLC, PMH-C and Blair Hammond, MD

Safe, stable, nurturing relationships are “biologic necessities” that buffer adversity and foster resilience and hence need to be promoted in primary care per the American Academy of Pediatrics 2021 policy statement. Participants will share current strategies and barriers to addressing common parenting concerns and fostering early childhood development. We will explore and share free online resources like the Keystones of Development curriculum and the Sparks parent video series and discuss approaches to foster attachment, autonomy and self-regulation in well visits, and identify ways participants can transform their practice to include a promotional model for child development and strong parent-child relationships.

1:10-2:25 p.m. (1.25 Contact Hours) Concurrent Sessions – Select Only One

312: Amoxicillin with a Side of Aromatherapy: Holistic Therapies as a Complementary Approach to the Treatment of Pediatric Conditions

Daniela Moscarella, DNP, APN, CPNP-PC, CCRN-K

Contemporary parents are tech-savvy and seek online resources to supplement their children's health, with many preferring to use organic products, having vaccine hesitancy and seeking out alternate and integrative therapies in conjunction with traditional medicine. As pediatric providers, it is imperative to understand how these therapies are being utilized so that providers can assist parents in a more evidence-based manner. During the presentation we will discuss complementary therapies for commonly seen illnesses and symptoms, such as otitis media, constipation, sore throat, eczema, cough, nausea and vomiting, in addition to the therapy's safety profile.

313: A Case Study Approach to Examining a Multifaceted Psychopharmacology Scenario

Kellie Bishop, DNP, APRN, CPNP-PC, PMHS

There is a current mental health crisis for children and adolescents in the U.S. and we are seeing an increased number of children with comorbid mental health conditions. It is crucial for pediatric primary care providers to be equipped to evaluate, diagnose and manage these children within their medical home. This presentation will utilize a case study approach to navigate a scenario of a child with multiple mental health conditions that reveal themselves over the course of several office visits. We will examine the evaluation, diagnosis and management strategies of common comorbid pediatric mental health conditions within the primary care setting.

314: The Best of Both Worlds: Expanding your NP Clinical Role into a Collaborative Faculty Teaching Role

Mary Dirks, DNP, ARNP, CPNP-PC, FAANP, ELAN Fellow and Maria Lofgren, DNP, ARNP, NNP-BC, CPNP-PC, FAANP

Leading change in health care and academia requires significant collaboration. APRNs are experiencing significant burnout. Nursing faculty are quickly reaching retirement age without replacements. We will present novel approaches to provide synergy between academic and practice settings to create work fulfillment, meet the teaching and practice needs and strategize how to combat these challenges to ensure a stable and skilled workforce.

315: Pediatric Cardiology for Primary Care Advanced Practice Providers

Christine LaGrasta, DNP, RN, CPNP PC/AC and Meghan Cusick, MS, NP-C

Pediatric advanced practice providers are on the frontline when triaging patients with cardiac symptoms. Identifying the subtle symptoms of cardiac pathology is essential when considering referral to cardiology. We will present case studies related to chest pain, syncope, palpitations and tachycardia. We will use an audience response system to encourage the participants to think through common pediatric cardiac symptoms and identify red flags that warrant a higher level of care.

316: A Road Map for Supporting Children and Adolescents with Autism and their Caregivers in a Family Court System

Jane Tobias, DNP, CRNP, CPNP-PC

Autism spectrum disorder affects one in 36 children, with an increasing number of children seen in family court. This presentation will provide you with the education and tools needed to help families and children with autism navigate family court systems. Participants will also learn how to create a supported and inclusive environment for families that are interacting with a family court.

317: The Pediatric Subspecialty Workforce and Its Impact on Child Health and Well-being

Kristin Gigli, PhD, RN, CPNP-AC and Kelly Betts, Ed.D., APRN, CPNP-BC, CNE

There has been a steady decline in the number of professionals entering pediatric health care careers. As a result, the National Academies of Sciences, Engineering and Medicine convened a committee to write a report on the health care needs of children, and the impact of the clinical workforce trends on child health and well-being. This presentation will highlight recommended strategies and actions to ensure an adequate pediatric workforce to support broad access to high-quality care for all children.

318: Endocrine Emergencies in the Pediatric ICU

Lara Smith, DNP, APRN, CPNP-AC/PC

Pediatric endocrine emergencies outside of diabetic ketoacidosis are relatively uncommon. When they do present these children are at risk for significant morbidities if not recognized and treated appropriately. This presentation will discuss a series of three endocrinologic diagnostic challenges in the Pediatric Intensive Care Unit.

2:45-4 p.m. (1.25 Contact Hours) Concurrent Sessions – Select Only One

319: Integrating Pre-Exposure Prophylaxis (PrEP) and Post-Exposure Prophylaxis (PEP) Into the School-based Health Center

Natasha Hoyte, MPH, CPNP-PC and Alley Dionne-Claycomb, CPNP-PC

Young people ages 13-24 accounted for 20% of all new HIV diagnoses in 2020, with young gay and bisexual men accounting for over 80% of new diagnoses in this age group. We know that Pre-exposure prophylaxis (PrEP) and Post-Exposure Prophylaxis (PEP) significantly reduce acquisition of HIV, and school-based health centers are uniquely poised to provide access to

youth in need. Learn how to implement PrEP and PEP services in school-based health, with discussions to include other practice settings. Participants will be able to report increased competency in prescribing PrEP and PEP medications for their patients.

320: It Isn't Just Experimenting Anymore: The Landscape of Substance Use in Youth

Angela Nash, PhD, APRN, CPNP-PC, PMHS

Substance use has significantly declined among youth since before the pandemic, however, for youth who use substances the risk for developing a substance use disorder or dying has dramatically increased. The goal of screening youth for substances is early intervention, risk mitigation and, in these days, overdose prevention. This presentation provides pediatric-focused APRNs the most recent information on substances youth are consuming, the methods they use to obtain and ingest them and presents effective communication strategies for making a difference for youth who use.

321: Sometimes it's a Zebra! Identifying and Managing Uncommon Causes of Chronic Respiratory Symptoms for the Experienced Clinician

Traci Gonzales, MSN, APRN, CPNP-PC and Tomika Harris, DNP, APRN, CPNP-PC

We have all heard the old saying, "When you hear hoof beats, think horses, not zebras". But as we know, sometimes it is a zebra! While many of the conditions pediatric providers see are common, as an experienced provider it is important that we are also able to identify uncommon and rare pulmonary conditions. In such conditions, early identification and early intervention are vital to ensuring the best outcomes. This presentation is geared towards the experienced pediatric provider and will review the diagnosis and management of rare pulmonary conditions including, but not limited to, Primary Ciliary Dyskinesia, immunodeficiency, Cystic Fibrosis and WHIM syndrome.

322: Trisomy 18

Ann Marie Ramsey, RN, MSN, CPNP-PC and Lauren Nichols, RN, DNP, CPNP-AC

Trisomy 18 is a rare, previously fatal, chromosomal abnormality associated with multiple congenital anomalies. Advances in care and changing parental attitudes have resulted in many children with this condition surviving into young adulthood. Would you know how to care for a child with Trisomy 18? This presentation will present a comprehensive review of pathophysiology of Trisomy 18, care guidelines and emerging evidence to guide clinical care and direct ongoing surveillance.

323: Advancing Research Skills for Pediatric Advanced Practice Providers: Overview of an Immersive Research Program Curriculum and Outcomes

Danielle Sarik, PhD, APRN, CPNP-PC and Erin Hernandez, EdD, APRN, PNP-AC/PC

For many pediatric advanced practice providers (APPs), developing scholarship and engaging in research and evidence-based practice are key components of professional growth. This presentation will highlight an innovative program of research support, and how such a program can support APP scholarship. We will share tools developed specifically for APP scholarship during the presentation, and we will review strategies to successfully remove barriers to APP engagement in scholarship.

324: Say Ahh! Preventing Early Childhood Caries in Pediatric Primary Care

Inese Verzemnieks, PhD, RN, PHN and Kristi Westphaln, PhD, RN, CPNP-PC

Early Childhood Caries (ECC) continue to produce far-reaching health disparities and burden. Most cases of ECC are wholly preventable, yet content in our nursing curricula generally skip over crucial aspects of assessment, education and intervention. This presentation informs APRNs on core oral health knowledge, caries risk assessment methodology, fluoride varnish application and considerations for practice implementation and advocacy.

325: Addressing Challenges in the Recognition and Management of Pediatric Sepsis in the Emergency Department, Critical Care and Post-Sepsis Care

Jodi Bloxham, DNP, ARNP, CPNP-AC, CPNP-PC

Sepsis remains one of the most frequent causes of pediatric morbidity and mortality. This presentation will address challenges in pediatric sepsis recognition and management, as well as provide education regarding care of the septic patient in various settings (e.g., emergency department, critical care, and post-sepsis care). Participants will be introduced to sepsis protocols currently being utilized within institutions across the country.

Saturday, March 16

9:30-10:30 a.m. (1.0 Contact Hour)

401: General Session

Coming Soon!

10:45 a.m.-12 p.m. (1.25 Contact Hours) Concurrent Sessions – Select Only One

402: Journey to Independent Practice

Samantha Casselman, DNP

Have you ever wondered what it takes to start your own practice as a nurse practitioner? Join Dr. Samantha Casselman, Pediatric Nurse Practitioner to learn about her journey to independent practice and how she developed her pediatric dermatology practice, Happy Skin Pediatric Dermatology in Phoenix, AZ.

403: Mentoring Matters: Building Nurse Practitioners for the Future

Rachel Swerdlin, DNP, APRN, CPNP-PC

Mentorship is a tool that can be used in health care to combat difficult role transition, job dissatisfaction and turnover. This presentation will discuss the different types of mentoring, current research regarding mentoring in APRNs, benefits of mentorship, strategies for training mentors, and lessons learned from development and implementation from a formal mentorship program for new graduate PNP's at an academic children's hospital. Participants will also gain tools needed to become mentors themselves.

404: To Feed or Not to Feed? A Review and Synthesis of the Literature Regarding Enteral Feeding Practices in Pediatric Patients in the Acute Care Setting (AC)

Ashley Eggleston, DNP, RN, CPNP-AC/PC, CCRN and Abbie Woudwyk, MSN, RN, CPNP-AC

Enteral nutrition practices vary among institutions and providers resulting in delayed nutrition and further exacerbating the problem of malnutrition in acutely ill children. This presentation will show the current evidence-based recommendations regarding enteral nutrition in order to support the pediatric-focused APRN as well as areas for future research to improve outcomes in these patients.

405: Shaping Futures: Unveiling the Latest Updates in Pediatric Psychiatry

Elizabeth Hutson, PhD, APRN-CNP, PMHNP-BC

This presentation will identify and describe the significant updates in diagnostic criteria for pediatric psychiatric disorders, including the impact of the revised edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-5) on classification and identification of mental health conditions in children. We will discuss the emerging research trends in pediatric psychiatry, particularly in understanding the neurobiological underpinnings of psychiatric disorders in children, and analyze the potential applications of this knowledge in early intervention and prevention strategies.

406: Telehealth Policy: Up-to-Date Essentials for the APRN

Kelli Garber, DNP, APRN, PPCNP-BC and Katherine Chike-Harris, DNP, APRN, CPNP-PC, FNP-BC, CNE

The ever-changing landscape of telehealth policy makes it difficult for APRNs to stay abreast of this important information. Understanding telehealth policy and its implications for practice as well as how to maintain legal and regulatory compliance is essential. This presentation will provide an up-to-date review of telehealth policy, highlight both Federal and State laws and regulations with implications for APRN practice, identify key professional practice issues for APRNs and provide an overview of current billing and reimbursement trends.

407: Addressing the Developmental Needs of Children in Foster Care: Challenges and Opportunities

Paula A. Barbel, PhD, CPNP-PC

Children in foster care have significantly higher rates of developmental delays compared to children who are not in foster care, placing them at significant risk for poor outcomes. This presentation will discuss the prevalence of developmental delays in children in foster care, methods for identifying delays, strategies to address these delays and navigating barriers that may occur.

12:15-1:15 p.m. (1.0 Contact Hour) Concurrent Sessions – Select Only One

408: Digital Innovations in Type 1 Diabetes Treatment: Empowering Primary Care Providers

Sally Humphrey, DNP, APRN, CPNP-PC

This presentation will update participants on current technology for the treatment of youth with diabetes and provide basic instruction on the management of commonly encountered concerns. The presenter will also discuss best practices to support the child wearing diabetes technology in school and home settings and provide case studies allowing learners to visualize authentic device reports and apply topics presented in this presentation.

409: Challenging Cases for APRN Leaders

Megan Harris, DNP, CPNP and Andrea Kline-Tilford, PhD, CPNP-AC/PC, FCCM, FAAN

As more Advanced Practice Providers (APP) take on leadership roles, it is imperative that APPs work together to build strong leaders and demonstrate successful leadership. This presentation will provide participants the opportunity to review and discuss four common challenging cases with other APP leaders – professional conduct concerns, capturing APP productivity, adapting to new staffing models and promoting utilization of APPs to their full scope.

410: Sickle Cell Disease and What the Future Holds

Jessica Cooper, DNP-AC/PC and Brenna McGinn, CPNP-AC

Sickle cell disease (SCD) affects about 100,000 individuals in the U.S. and more than three million worldwide. Bone marrow transplant has cured <0.001% of patients with SCD. So, what's next? Well, the future is here with gene therapy. This presentation will discuss the different gene therapies currently being researched and compare it to bone marrow transplant.

411: Redefining Social Norms with Firearm Safety in Children: How Pediatric-focused APRNs Can Influence Change

Elizabeth Choma, DNP, CPNP-PC

Pediatric-focused APRNs can influence change in community and family behaviors related to firearms and can effectively use a multifaceted approach to provide firearm safety education with families and within communities. This presentation will identify existing barriers in providing firearm safety education and how to address these barriers.

412: Is it Just a Picky Eater, Behavioral Food Opposition or ARFID?

Christine Nelson-Tuttle, DNS, APRN, PNP-BC

Pediatric-focused APRNs come in contact with many pediatric patients who are underweight or noted to be "horrible eaters". This presentation will assist you in obtaining a useful "feeding and eating" history as well as other helpful diagnostic criteria to determine an accurate diagnosis. Participants will receive recommendations on how to assist families on the path of improving their child's nutritional status while decreasing the stress to the entire family that eating disorders or maladaptive eating behaviors can cause.

413: The Why and How of Screening for Perinatal Mental Health Disorders in Pediatric Primary Care

Cynthia Chew, DNP, CPNP-PC, IBCLC

Perinatal mood and anxiety disorders (PMADs) are the most common pregnancy-related complication in the U.S. and pediatric primary care providers are in a unique position to identify these disorders during well child visits. This presentation will explain the relevance of PMADs on family function and child health, review evidence-based screening tools and discuss how to implement screening into well-child exams. Additionally, we will discuss strategies for managing positive screens and referral to treatment.