**Wednesday, March 15**

10:15 a.m.–Noon (1.25 contact hours)

101: Conference Kickoff and Opening Keynote

Coming Soon!

1:30-2:45 p.m. (1.25 contact hours) Concurrent Sessions – Select Only One

102: Nothing Fun about Functional GI Conditions
Charlotte C. Rensberger, MSN, APRN, PNP-PC

When a child has a functional GI disorder, although they may be experiencing GI symptoms, these are not due to an underlying organic medical condition. Medications and diet can be beneficial when used appropriately with realistic expectations. This presentation is aimed at helping practitioners accurately identify and manage functional GI disorders.

103: The Right Drug for the Bug: Antibiotic Prescribing Update 2022
Teri M. Woo, PhD, CPNP-PC, FAANP

Antibiotics are the most commonly prescribed medications in pediatrics. This presentation will review current antibiotic resistance patterns and provide a rapid-fire review of current guidelines for prescribing antibiotics for pediatric patients.

104: HEADed in the Right Direction: Advances in TBI Mitigation and Management (AC)
Jeremy D. Jordan, PhD, CRNP, CPNP-AC, CCRN, CNE

Do your patients know that they need different helmets for different sports? Have you ever wondered how these helmets work differently? Do you know what to do if you see a child being put back in the game after a hit to the head? Join us as we learn the answers to these questions and about the most up-to-date evidence in caring for children with traumatic brain injuries and concussions.

105: Urine Good Hands - Top 5 Nephrology Referrals for Primary Care
Catherine Woods, MSN, APRN, FNP-C

What can nephrology do for you? From hypertension to failure to thrive, nephrology isn’t just about abnormal renal imaging or labs. This presentation will cover top nephrology referrals including chronic and emergent consultations. The presenter will discuss findings and workups to bring improved confidence to your clinical practice.

106: The 3 C’s for Reaching GenZ: Connect, Collaborate and Communicate for Positive Change
Jennifer Salerno, DNP, CPNP, FAANP

GenZ grew up online, with the pandemic deepening their utilization of technology and increasing mental health risks. Connecting with today’s connected youth is even more important to improve
health, but effective risk reduction depends on engaged, dynamic communication – often easier said than done. This session will equip you to implement youth-focused motivational interviewing strategies to strengthen communication, identify risks and provide quick and effective risk reduction coaching during your GenZ patient visits.

**107: Current Issues in Scholarly Publication: Integrity, DEiB and Social Media**

Martha K. Swartz, PhD, APRN, FAAN

This discussion will focus on fostering collaboration and promoting diversity, equity, inclusion and belonging in scholarly writing and review within an ethical context. In addition, we will review the expanding opportunities offered by social media for dissemination and practice improvement.

**3:10-4:25 p.m. (1.25 contact hours) Concurrent Sessions – Select Only One**

**108: Adolescent Health: PCOS and the Importance of Early Detection, Diagnosis, Treatment and Interventions**

Danielle Stratton, DNP, APRN, PPCNP-BC

Evidence-based research shows that polycystic ovarian syndrome (PCOS) is under-recognized, under-diagnosed and females have experienced delay in implementation of interventions and treatment(s). This session will explore and give you the underpinning of knowledge, the confidence and tools for early recognition, and strategies to develop a plan of care for adolescent female patients that facilitates physical and mental health maintenance. This is an exciting and fun learning session full of information that is great for new and experienced NPs.


Stephanie C. Evans, PhD, APRN, CPNP-PC, CLC and Shawna Sisler, PhD, MS, MA, MAPP, RN, PHN, C-PNP-PC, PMHS

Suicide is the leading cause of violent death and the second leading cause of all death for ages 10-24. Children are more likely to die by suicide when specific lethal means are chosen. PNPs are poised to bring awareness of lethal means and play a vital role in developing prevention strategies.

**110: Application of an Antiracism Framework to Improve PNP Training and Patient Outcomes**

Felesia Bowen, PhD, DNP, PPCNP-BC, FAAN

Anti-racism is a social justice practice that seeks to identify and remove systemic racism. This presentation will demonstrate how an antiracism framework can improve provider cultural humility and patient health outcomes. Participants will be introduced to the concept of anti-racism as it pertains to PNP education and patient care.

**111: Spilling the Beans on Pediatric Acute Kidney Injury, Its Prevention and Treatments (AC)**
Pediatric acute kidney injury (AKI) is an increasingly more common condition that often goes unrecognized and can lead to increased morbidity and mortality. Learn about the causes of AKI, its prevention and how to treat it if it does occur. This presentation will include discussion of various renal replacement therapies, including continuous, intermittent and peritoneal dialysis.

112: Breastfeeding Basics for the Pediatric Provider
Christine Pfundstein, MS, APRN, CPNP, IBCLC
This presentation will address basic latch techniques with troubleshooting advice and provide evidence-based resources that you can provide to your patients to support their breastfeeding journey and keep you up to date with recent protocols. You don’t have to be a breastfeeding expert to give strong support; you just need to have a list of great resources!

113: Seizure or Not? A Case-based Approach to Evaluating Paroxysmal Events in Children
Daniel Crawford, DNP, ARNP, CPNP-PC, CNE and Lauren Siebrase-Wilkes, MSN, FNP-C
It is common for paroxysmal events that may look like seizures to present in primary or emergency care settings, but often neurology finds these events are not seizures. This presentation will use a case-based approach to differentiate paroxysmal events that are seizures from those that are not.

4:40-5:40 p.m. (1.0 contact hour) Concurrent Sessions – Select Only One

114: Gender Affirming Medical Care for Gender Non-Conforming Youth
Nellie Lazar, MSN, MPH
How do I know which pronouns to use? How can I affirm my gender expansive and gender diverse patients and families during well visits? We will review cases of gender diverse youth who visit their pediatric-focused NP for primary care issues and ask for assistance in accessing gender affirming medical interventions.

115: Unique Disordered Eating Behaviors in Adolescents and Young Adults with Type 1 Diabetes: Screening in Primary Care Can Save Lives
Elizabeth Doyle, DNP, APRN, PPCNP-BC, CDCES, BC-ADM
Disordered eating behaviors are very common in adolescents and young adults with Type 1 diabetes, as they have unique purging behaviors accomplished through the manipulation of insulin doses. However, these behaviors are dangerous, and can lead to profound dehydration and life-threatening diabetic ketoacidosis. This presentation will discuss diabuliemia, its pathophysiology, signs and symptoms and emergent treatment.

116: Learning to Escape: Screening and Identification of Child Physical Abuse
Sheri M. Carson, DNP, RN, CPN, CPNP-PC
Research shows that early identification of child physical abuse reduces the rate of subsequent injury and death by up to 50%, yet children are not consistently screened for physical abuse due
to insufficient provider knowledge and lack of a systematic screening protocol. This presentation will provide an overview of child physical abuse, including red flags and injuries that are suspicious for abuse. Using interactive case studies, participants will learn how to utilize the validated Escape instrument to screen and identify children at high risk for physical abuse. The presenter will also review an example screening protocol, important documentation guidelines and screening considerations for acute and primary care NPs across a variety of pediatric settings.

117: The Process from Prospectus to Textbook: The Production of the 8th edition of Burn’s Pediatric Primary Care

Nan M. Gaylord, PhD, RN, CPNP-PC, PMHS, FAANP, FAAN and Mary Dirks, DNP, CPNP-PC, FAANP

The Burns’ Pediatric Primary Care book was first published in 1996 by a team including NAPNAP past president Catherine Burns; and, now in 2023, the 8th edition is hot off the press. The editors of the 8th edition will describe the process and expertise required of contributors and the editing expected among collaborating editors that produces a strong, high-quality text.

118: Burn out in the Advanced Practice Provider and Strategies to Improve Symptoms

Haley D. Stoll, MSN, CPNP-PC

Burn out is increasing in advanced practice providers with many providers experiencing exhaustion, depersonalization and feeling unaccomplished. What are early signs and symptoms of burn out? What can NPs do to mitigate their risk of burn out? This presentation will help providers recognize burn out, discuss management strategies and get pediatric-focused NPs reenergized in their role!

119: Is It HFNC or BiPap and When Do I Intubate? (AC)

Marisa G. Mize, DNP, CPNP-AC/PC, CCRN

The pediatric-focused NP is often able to initiate non-invasive ventilation using either high flow nasal cannula (HFNC) or bi-level positive pressure (BiPAP). In this presentation, we will use case studies to review these modes of non-invasive ventilation and discuss when to intubate children who do not respond to either modality and need mechanical ventilation.

Thursday, March 16

8-9 a.m. (1.0 contact hour) Early Riser Sessions – Select Only One

200: We Are Not Okay: The Crisis of Confidence Facing the Pediatric Nurse Practitioner Profession

Jennifer Sonney, PhD, APRN, PPCNP-BC, FAANP, FAAN and Jessica L. Peck, DNP, APRN, CPNP-PC, CNE, CNL, FAANP, FAAN

Building upon our novel 2021 COVID-19 study on the pediatric APRN workforce - the only study to assess impact on pediatric-focused APRNs - the 2022 follow-up study illuminates the unique
impacts of COVID-19 on pediatric patients, families and the APRN workforce. NAPNAP member needs and priorities have evolved, therefore results from this study are highly relevant to the NAPNAP membership and will inform NAPNAP on strategic organizational priorities across practice, education, research and policy arenas.

**201: Writing Your Story: Your CV Is Not Just for Job Interviews**

Elizabeth A. Paton, DNP, PED-BC, CPNP-AC, PPCNP-BC, CPEN, FAEN

APRNs at all stages of their careers often fail to recognize the value of maintaining a current curriculum vitae (CV). A common perception is that a CV is only needed when seeking employment opportunities. Your CV should be viewed as the foundation for your professional growth and development. How do you know where you want to go if you don’t know where you have been?

**202: Acute Care Clinical Roundup (AC)**

Sticks and Stones: A Bone-afide Evaluation of Osteosarcoma - Max D. Pizzo, CPNP-AC

From EXIT to ICU: Pre-operative Planning and ICU Management for a Patient with Congenital High Airway Obstruction Syndrome - Jennifer N. Helman, MSN, CPNP

F.I.R.E.S - Febrile Infection Related Epilepsy Syndrome - Tiffany M. Nappier, MSN, CPNP-AC

The Great Deceiver: How Not to Miss Pediatric Autoimmune Encephalitis - Susanna H. Kitabjian, MSN, APRN, CPNP-PC, CNS, CPN, PHN

**203: Primary Care Clinical Roundup**

My Aching Back: What is Juvenile Spondyloarthropathy - Betsy L. Roth-Wojcicki, MA, CPNP, APRN

Vocal Cord Dysfunction: The Nuts and Bolts - Jodie Stabinski, CRNP

Human Milk Sharing: Milk Banks and More - Kathleen Logan, DNP, RN, CPNP, IBCLC

10–11:15 a.m. (1.25 contact hours)

**204: 2023 Immunization Update (Rx)**

Mary Beth Koslap-Petraco, DNP, PPCNP-BC, CPNP, FAANP

While presenting the latest CDC immunization information, Dr. Koslap-Petraco will share real life experiences and case studies to engage and challenge you to educate and vaccinate your patient families, especially those who question the need for vaccines.

11:25 a.m.–12:25 p.m. (1.0 contact hour)

**205: Gun Violence Panel**

Pediatric Firearm Violence: Practice and Policy Must Intersect - Sarah A. Martin, RN, MS, CPNP-AC/PC
A Community Educational Intervention to Improve Firearm Safety Behavior in Families - Elizabeth Choma, DNP, PNP-PC, MSN, RN, BSN

Evidence-Based Gun Violence Risk Assessment and Prevention Strategies in Pediatric Primary Care - Kellie Bishop, DNP, APRN, CPNP-PC

Do I Go There? Opening Unbiased Conversations about Gun Safety in Different Care Environments - Nicole M. Koepke, MSN, CPNP

1:45-3 p.m. (1.25 contact hours) Concurrent Sessions – Select Only One

206: Research Podium

Coming Soon!

207: Preventing and Treating Viral Infections in Children and Adolescents

Teri M. Woo, PhD, CPNP-PC, FAANP

Children and adolescents are at risk for developing a wide variety of viral infections. This presentation will discuss how to prevent and treat a wide variety of viral infections seen in children.

208: The Patient in Room 5: Am I Ready?

Adele Foerster, MSN, RN, CPNP-PC/AC

A new version of 2022’s popular interactive session is back—with escalated scenarios! A patient with a developmental, behavioral or mental health condition is waiting in your primary care or subspecialty setting. Increase your practice confidence by learning from a panel of Pediatric Primary Care Mental Health Specialists (PMHSs) to help you work through complex patient scenarios that can surface in primary care.

209: It’s All in the Technique! Optimizing Pediatric Telehealth Exams - With and Without Peripherals

Katherine E. Chike-Harris, DNP, APRN, CPNP-PC, FNP-BC, CNE and Kelli Garber, DNP, APRN, PPCNP-BC

Care provided by telehealth has now become a part of mainstream health care and it's important for pediatric providers to be able to perform exams at a distance. Complications arise when the originating site has no equipment that allows the providers to perform an exam remotely. This presentation will illustrate how to circumvent this barrier and perform an exam using synchronous telehealth, with and without peripherals (e.g., electronic stethoscope, otoscope and general lens).

210: Refractory Symptom Management: Palliative Care on Consult

Jessica L. Spruit, DNP, CPNP-AC, CPHON, BMTCN

Hospitalized children with acute, chronic and critical illnesses are at risk for significant symptom burden. This case-based presentation will describe therapeutic modalities utilized by the
pediatric palliative care team for refractory symptom management. Learn about pharmacologic mechanisms of action and advanced therapeutic interventions to promote comfort and quality of life when traditional therapies are not enough.

211: Learning the Lingo: Fostering Excellent Care for Vulnerable Youth

Christina R. Quick, DNP, APRN, CPNP-AC/PC, CHSE and Brittany Schnelle, MSN, APRN, CPNP-AC

In the U.S., children enter foster care at a rate of three to four per every 1,000 children. This presentation will discuss the complex legal and social system children in foster care navigate, identifying terminology, roles, services and resources that pediatric focused NPs need to know. Presenters will engage the audience to identify tangible ways that you can impact continuity of trauma informed health care and promote optimal health outcomes for children or adolescents in foster care. Using interactive case studies and audience participation, we will begin to bridge the social, legal and clinical gap to highlight challenges and important care considerations for the foster child in any health care setting.

3:20-4:35 p.m. (1.25 contact hours) Concurrent Sessions – Select Only One

212: Integrating Research and Evidence into Practice Through Mentorship

Catherine M. Haut, DNP, CPNP-AC/PC, CCRN, FAANP, FAAN and Christina Calamaro, PhD, CRNP, FAANP

Transition into practice for doctorally prepared nurse practitioners can be challenging, especially in utilization of leadership skills outside clinical practice. Peer mentorship and use of other collaborative models can assist both PhD and DNP prepared NPs become confident in their respective leadership roles. Mentoring provides opportunities for NPs to become engaged and satisfied in their work environment, encouraging them to remain in their positions. This presentation will highlight methods of peer mentorship and outline other collaborative models to facilitate development of leadership skills in doctorally prepared NPs.

213: Pediatric Fever: New Updates for an Old Symptom

Jaime E. Panton, DNP, APRN, CPNP-AC/PC

Fever is a broad differential and is a top reason for pediatric visits in acute care settings. With infectious diseases emerging, global travel resuming, and malignancy and rheumatological disorders often presenting in childhood, the clinician must be knowledgeable about fever etiologies across childhood. In 2021, the AAP updated their clinical practice guideline on the febrile infant. This presentation will discuss the history of fever, review causes of fever based on age and body system, and review the latest evidence on the diagnosis of fever.

214: Intro to Health At Every Size® (HAES®) - Informed Well Care

Kimberly J. Erlich, MSN, RN, MPH, CPNP, PMHS, CIMHP; Elizabeth Silvers, MSN, CPNP, PMHS and Allyson Sy, MS, RD

Are you frustrated by current primary care guidelines that prioritize 'weight management' to achieve health goals, thereby stigmatizing children and adolescents who are in larger bodies? A
HAES®-informed approach is recommended to promote development of healthy body image in children and adolescents and can also improve quality of care. HAES® shifts the focus from weight loss to weight neutrality and inclusivity, eating for well-being and a healthy relationship with movement. A trio of three experts will present a multidisciplinary approach that combines medical, psychiatric and nutrition-focused perspectives that allow attendees to learn how to provide care that positively influences healthy body image in their patients.

215: Expert to Novice: Making the Transition from Practice to Academia
Christina R. Quick, DNP, APRN, CPNP-AC/PC, CHSE and Valerie Martinez, DNP, APRN, CPNP-PC, PMHS

In this presentation, we will highlight the often unanticipated challenges for clinical experts becoming novice academics. Presenters will discuss inclusive teaching strategies for today’s adult learners and the changing landscape of academia. You will learn easy to reference tools strategically designed to aid you in the first year of teaching.

216: Psychopharm Case Studies for Treating the Complicated Patient (ends at 5:35 p.m.) (2.25 contact hours)
15 year old Female with Migraine Headaches, ADHD, Anxiety, POTS, ARFID, PNES - Tracee Ridley-Pryor, DNP, APRN, PMHNP-BC
Anxiety in a 15 year old Female - Dawn Mason, MSN, PMHNP-BC, PMHS, CPNP-PC
20 year old Male with ASD, ADHD, GAD, PDD, MDD- Johanna Stump-Siembor, MSN, CPNP

217: Acute Care Case Studies #1 (AC) (ends at 5:35 p.m.) (2.25 contact hours)
Pediatric Cervical Spine Trauma: An Organized Approach to Chaos for the Acute Care Provider - Anne E. Stuedemann, MSN, RN, CPNP
Pediatric cervical spine trauma is not common but can be catastrophic if misdiagnosed. It is crucial that orthopedic clinicians, NPs and PAs who care for acute pediatric trauma patients have a strong knowledge of the cervical spine anatomy and the correlating neurologic examination. This presentation is a synopsis of the anatomy, clinical exam, radiographic analysis and common interventions associated with pediatric cervical spine trauma.

Abusive Head Trauma - Jessica Z. Osipowicz, MSN, CRNP
Inconsistent or absent stories, unreliable historians and patients too young or ill to provide the facts are a challenge when caring for many trauma patients. Abusive Head Trauma (AHT) is a well-recognized constellation of injuries that can be associated with significant morbidity and mortality. We will use case studies to highlight the evaluation of non-accidental trauma, specifically AHT. This presentation will change your understanding and appreciation of this evidence-based process.

Resuscitation in Children with Cardiac Conditions - Vanessa Kalis, DNP, CPNP-AC, ACNP, CHSE
This presentation will discuss how utilizing some common resuscitative practices can worsen the clinical condition of a cardiac patient and offer suggestions for improved outcomes. We will discuss proper use of oxygen, bolus epinephrine, intubation and cardioversion when dealing with cardiac patients.
4:45-5:45 p.m. (1.0 contact hour) Concurrent Sessions – Select Only One

218: This One or That One: Pharmacology for the Complex Health Care Patient
Stephanie N. Hosley, DNP, APRN-CNP, CPNP-PC, CNE

Quality care for children with multiple chronic conditions including a neurodevelopmental disorder requires a complex plan of care. This interactive presentation will walk participants through the lives and management of three different children with multiple chronic conditions in their primary care medical home. The presenter will describe evidence-based, family-centered care of diagnoses including constipation, gastroesophageal reflux, sialorrhea, sleep disturbance and tone management. The fictional patients will represent children with cerebral palsy, genetic conditions and autism.

219: Stranger Things - When It Is NOT the Usual Food Allergy
Linda F. Federer, RN, BSN, MSN, FNP-BC

Children are presenting with stranger symptoms - not typical IgE mediated food allergy. Learn to recognize the profuse vomiting and hypotension of Food Protein Induced Enterocolitis Syndrome. Treat the bloody stools and fussiness that accompanies Milk Soy Protein Intolerance. Identify Eosinophilic Esophagitis to improve quality of life. Reassure those with Oral Allergy Syndrome.

220: NAPNAP Research Committee Hands-On Workshop: Developing and Designing Posters - Taking Your Idea from Start to Finish (session ends at 6:15 p.m.)
Julianne Doucette, DNP, MSN, APRN, CPNP-PC and Sharon Karp, PhD, APRN, CPNP-PC, FAANP

Come to this hands-on session ready to work on your own poster presentation! Participants will learn best practices for developing and designing high-caliber posters to submit to NAPNAP Posters on the Move and other organizations. This session is for MSN, DNP and PhD students, clinicians and faculty interested in disseminating evidence-based practice projects, quality improvement projects and research via posters. Participants are encouraged to bring their own abstracts from current projects to use during the session or ideas for a project or poster. The session will encourage all NAPNAP members to disseminate their scholarly work to improve pediatric outcomes in both the clinical and academic settings. A laptop is recommended for the session.

221: Practice Innovation Clinical Roundup

Engaging Community to Promote Vaccine Confidence in Black, Latinx and American Indian Communities in Urban Minnesota - Sheyanga Beecher

Utilizing the Mobile Health Care Delivery Model for Pediatric Primary Care: You Too Could Start a Little Van that Can - June Bryant, DNP, APRN, CPNP

Establishing an Annual Health Maintenance Clinic for Adolescent Patients with Inflammatory Bowel Disease - Maureen M. Kelly, DNP, RN, CPNP
Friday, March 17

8-9 a.m. (1.0 contact hour) Early Riser Sessions – Select Only One

301: Lyme Disease

Coming Soon!

302: Pregnancy Options Counseling with Adolescents: A Multidisciplinary Evidence-Based Approach
Mackenzie Hodak, DNP, CRNP

Delivering the news of a pregnancy to a young person can be difficult and may feel intimidating to even the most seasoned provider, but doing it well will empower patients to make medically-informed decisions without judgment or pressure. In this session, we will discuss evidence-based practices for providing comprehensive pregnancy options counseling to adolescents through a reproductive justice framework and participants will have the opportunity to work through challenging case scenarios.

303: Acute Care Case Studies #2 (AC) (ends at 10 a.m.) (2.0 contact hours)

Gun Violence: Case-based Clinical Management of Gun Shot Wounds: Medical, Surgical, Psychological and Social Implications of Penetrating Trauma
Benjamin Ranstrom, DNP, PNP-PC/AC, ENP/FNP, RNFA

In the movies, when the surgeon uses a forceps to pull the bullet out of the patient and drop it into a ringing metal dish, the patient lives; however, real-life gun violence is much more complicated. Gun violence is a public health threat to pediatric patients who may not only suffer penetrating trauma but may also witness violence. We will discuss the clinical and surgical approach to penetrating trauma based on cases at an urban level one trauma center in a community hospital. The presenter will also discuss psycho-social implications of gun violence on the individual, family and community.

Operative Abdominal Trauma: More Than Meets the Eye
Jessica Z. Osipowicz, MSN, CRNP

More than 60% of deaths of children and adolescents in the U.S. are due to injury. Abdominal trauma occurs less frequently than head and thoracic trauma; however, it is the most common unrecognized fatal injury. While standard of care for blunt abdominal trauma is non-operative management, most penetrating injuries and a small portion of blunt injuries will require surgery. We will use case studies to enhance your understanding of clinical presentation, surgical management and outcomes of severe abdominal trauma.

10:30-11:30 a.m. (1.0 contact hour) Concurrent Sessions – Select Only One

305: Pediatric Sepsis: Using Evidence to Save Lives (AC)
Kristin Gigli, PhD, RN, CPNP-AC
In children, sepsis is a leading cause of morbidity and mortality, with a case fatality rate of up to 20%. Early recognition and treatment are vital to improving sepsis outcomes. This session presents the latest evidence-based recommendations relevant to APRN care of children with sepsis.

306: Pick a Pill! Oral Contraceptive Pill Prescribing for Beginners (Rx)
Mary Gallagher, MSN, MPH, CPNP-PC and Elizabeth Sano, MS, APRN-CRNP, PMHS

Designed for early career pediatric-focused APRNs, this presentation will review key components of prescribing oral contraceptive pills. Both progestin-only and combined hormonal contraceptives will be included. Attendees will leave feeling confident in their ability to prescribe and manage adolescents who desire oral contraceptive pills for not only contraception, but also dysmenorrhea and acne management.

307: Combat Boots for Burnout: Mindfulness, Self Care, and Self Efficacy in APRNs, their Team and their Students
Kahla Gagne-Loparo, DNP, RN, CPNP AC/PC and Shanna F. Botos, MSN, CPNP

Coming Soon!

308: Violence Prevention: A Call to Action for Pediatric Health Care Providers
Laura F. Searcy, MN, APRN, PPCNP-BC

Coming Soon!

309: Evidence-Based Practice Myth Busters: Breaking Barriers to Implementing EBP in Your Practice
Jenny L. Weiner, DNP, APRN, CPNP-AC/PC

Evidence-based practice (EBP) is an often misunderstood and seemingly daunting task, yet it is an important aspect of care delivery and improving outcomes for all patients and families. This session will detail the steps of the EBP process as well as describe ways to include EBP in your workplace with real-life examples. This presentation is excellent for new and seasoned NPs in all areas of care.

310: Early Career NPs: Harnessing your Professional Potential
Beth A. Heuer, DNP, CRNP, CPNP-PC, PMHS and Andrea Kline-Tilford, PhD, CPNP-AC/PC, FCCM, FAAN

New to your NP role? This session will address common challenges for successful transition into your new role and discuss ways to help you successfully integrate into a new practice setting. Two seasoned NAPNAP leaders will provide strategies for integrating professional development experiences into your work so that you can build a meaningful and enjoyable career.
1:10-2:25 p.m. (1.25 contact hours) Concurrent Sessions – Select Only One

311: Inclusive Excellence for the Pediatric-focused Nurse Practitioner
Nutrena H. Tate, PhD, MBA, RN, CPNP-PC

Inclusive excellence is at the epitome of all that pediatric-focused NPs represent and provide to their patients. With inclusive excellence infused into the services and care that we provide, pediatric-focused NPs become equipped to reduce health disparities and increase access to care to youth and their respective families.

312: Managing the Acutely Aggressive Child (AC)
Dawn Garzon, PhD, CPNP-PC, PMHS

Caring for the acutely aggressive child is challenging for novice to seasoned APRNs working with children and adolescents in an acute care setting. This presentation will provide evidence-based strategies to help improve the quality of care provided to children with acute aggression while increasing provider confidence when caring for this population. This discussion will include case-based scenarios and discussion of pharmacologic and non-pharmacologic care approaches.

313: Youth Suicide Prevention – Part 1
Katie Erdlitz, DNP, CRNP, CPNP-PC, PMHS and Naomi Schapiro, PhD, RN, CPNP-BC

This session summarizes current research about youth suicide statistics, risks, protective factors, prevention, new screening guidelines and basic approach to treatment. We will include a discussion about the Black Box warning for medications such as SSRIs and how to approach this issue with parents.

314: Orthopedics for Primary Care: When to Treat and When to Refer
Jenny L. Weiner, DNP, APRN, CPNP-AC/PC

Orthopedics is an often-mystified specialty that many providers do not feel adequately prepared to manage. This session will provide you with education regarding pediatric-specific orthopedic conditions and describe how to treat them. Participants will also learn what requires an urgent referral to orthopedics.

315: Vaccine Jeopardy
Dana DeShon, DNP, APRN, CPNP-PC

What country is endemic for Dengue Fever? What is the earliest age to give the last dose of the Hepatitis B vaccine? What additional vaccines does a 7-year-old with Type 1 diabetes need? These are questions that will help you prepare to administer childhood immunizations. Learning how to apply the childhood immunization schedule with healthy, chronically ill and those that are behind on vaccines is an imperative part of primary care. There are many ways to learn the schedule, so let's learn using fun facts in a game show format with prizes!

316: Childhood is for All Kids! Ensuring CYSHCN Live it to the Fullest
Children and youth with special health care needs often face unique challenges throughout childhood. As health care providers, we can help navigate through these challenges and ensure this special population lives childhood to the fullest. This presentation will provide guidance on many topics including schooling, waivers, social integration and wish granting organizations.

2:45-4 p.m. (1.25 contact hours) Concurrent Sessions – Select Only One

Tiffany Tidmore and Kahla Gagne-Loparo, DNP, RN, CPNP-AC/PC
Coming Soon!

318: Youth Suicide Prevention – Part 2
Katie Erdlitz, DNP, CRNP, CPNP-PC, PMHS and Naomi Schapiro, PhD, RN, CPNP-BC
We will review a scenario from screening through risk determination, lethal means reduction, safety planning and pros and cons of hospital admission vs. outpatient treatment. The session will include a discussion of initiating SSRIs in children who express suicidal ideation.

320: Not for the Faint of Heart! A Pediatric Cardiology Primer for Primary Care Nurse Practitioners
Elizabeth Espinoza, DNP, CPNP-AC
Pediatric cardiac complaints in a primary care office can be intimidating, but do all patients all need referral to the cardiologist? In this session, we will analyze common pediatric cardiac complaints to help identify which patients are most likely to require specialized care.

321: Workplace Violence: Equipping Pediatric-focused APRNs with Tools to Mitigate Risk
Kristin Gigli, PhD, RN, CPNP-AC
Health care worker safety is essential to maintaining health care quality and alleviates burnout, anxiety, depression and post-traumatic stress. Yet, health care workplace violence is increasing, worsened by the pandemic. This session will discuss the range of workplace violence, from verbal harassment and intimidation to physical violence, and discuss strategies designed to prevent workplace violence, allowing attendees to positively influence their work environments and well-being.

322: Promoting Relational Health During Health Supervision Visits
Kathleen Kent, DNP, APRN, CPNP-PC and Wanda Thruston, DNP, PNP, RN
Relational health is critical to supporting a child’s social, emotional and physical health, and well-being. Relational health is the ability to develop and sustain safe, stable and nurturing relationships with others, which also buffers adversity and builds resilience across one’s life course. This session will focus on the key role pediatric-focused NPs play in promoting
relational health for both patients and families in a primary care practice setting. Learn from each other about innovative, equitable, practical strategies and best practices to effectively promote relational health to benefit both patients and families.

Saturday, March 18

9:30–10:30 a.m (1.0 contact hour)

401: Closing Keynote
Coming Soon!

10:45 a.m.-Noon (1.25 contact hours) Concurrent Sessions – Select Only One

402: Functional and Integrative Medicine for Pediatric Mental Health Disorders
Emily Gutierrez, DNP, C-PNP, APRN, PMHS, CCN, IFMCP

Access to care for pediatric mental health management remains a challenge nationwide, especially for those families that are medication hesitant and prefer a functional and integrative approach to their child’s mental health as a first line consideration. This session is intended to equip health care providers with foundational and evidence-based tools to approach their patients with common mental health disorders, such as anxiety, depression, OCD and ADHD, from an integrative and functional medicine perspective.

403: APRNs Influencing Health Policy: A Voice for Change
Jessica Francois, BSN, RN DNP, CPNP-PC Student

Now is the time for ALL APRNs to engage in health policy. Throughout the presentation you will learn tangible ways to influence health policy by using social media, connecting with legislators and writing testimony. Our voice is crucial to advance our practice and to transform health care.

404: Am I Going to Die?: Utilizing a Trauma-informed Lens to Care for Children in the Acute Care Setting (AC)
Elizabeth Espinoza, DNP, CPNP-AC

The experience of hospitalization can be a traumatic event for children. The physical and psychosocial consequences of this trauma may not be apparent until weeks or months later. In this presentation, we will review the prevalence of trauma in childhood and discuss potential impacts on the patient and family. The presenter will discuss strategies that providers can use to screen for trauma, and participants will learn how to view all patient interactions, both inpatient and outpatient, through a trauma-informed lens.

405: The Burden of Children with Addicted Parents
Riza V. Mauricio, PhD, APRN, FCCM, CCRN, CPNP-PC/AC
Coming Soon!
406: Atopic Dermatitis: Treatment Strategies and a Patient Experience with Dupilumab Therapy (Rx)

Rebecca J. Flynn, APRN, CPNP-PC

Atopic dermatitis disease can vary from very mild to very severe. Proper treatment can be challenging even for the most seasoned provider. We will review case presentations with photos of mild, mild-moderate and severe atopic dermatitis management along with recommended treatment and pit fall strategies. This presentation will offer an online algorithm and newly developed app to guide the clinician in atopic dermatitis recommended care. Dupilumab biologic medication is transforming patients’ lives with moderate – severe atopic dermatitis. A patient’s experience with dupilumab treatment will be shared.

407: Adolescent Clinical Roundup

Coming Soon!

12:15-1:15 p.m. (1.0 contact hour) Concurrent Sessions – Select Only One

408: Advocacy for Youth Aging Out of Foster Care

Brigit VanGraafeiland, DNP, CPNP-PC, FAAN, FAANP and Tracy Halasz, MSN, APRN, CPNP, PMHS

Foster care youth aging out of care are at an increased risk for unemployment, homelessness, academic failure, pregnancy, physical and mental health conditions, and exposure to the criminal justice system compared to peers in the general population. Pediatric-focused NPs are in a unique position to collaborate with transition programs for youth that will age out of the foster care system. This presentation will review the current evidence on aging out of foster care and the role of the pediatric-focused NP.

409: How to Execute the Leadership Necessary to Become an Architect of Health Care

Sunny Hallowell, PhD, APRN, PPCNP-BC and Jessica DeVido, PhD, CPNP

This presentation will provide APRNs with a step-by-step approach for how to seek, apply for and achieve funding, recognition and collaboration at a national level. Participants are invited to a robust discussion about how to transform your nursing practice in the 21st century through sound leadership and health care education at your own institutions.

410: Kratom, Cannabis & Kids: Adolescent Substance Use and Addiction

Lisa M. Clark, DNP, CPNP-AC/PC and Susan Katz, DNP, PNP, CPSTI

Adolescence is a time of exploring and risk taking. Many teenagers experiment with alcohol, tobacco, marijuana and now kratom due to increased availability in our communities. We will explore the consequences of acute intoxication, the combining of substances for euphoric and synergistic effects, and adolescence developmental implications.

411: Medically Indicated Infant Formula Supplementation: Educating and Supporting Mixed Feeding Families

Cynthia A. Chew, DNP, CPNP-PC, IBCLC and Christine Pfundstein, MS, APRN, CPNP, IBCLC
Though human milk feeding is the gold standard nutrition for newborns and infants, exclusive human milk feeding is not always achievable. Using case studies and personal accounts, this presentation aims to help providers identify infants who require supplementation and review recommendations for how to supplement safely and effectively while still working toward achieving the lactation goals of the family. The presenters will also discuss the history of supplementation and current trends including issues related to the recent formula shortage.

412: Ready to Roam: Considerations for International Travel

Amy B. Manion, PhD, APRN, CPNP-PC

The U.S. ranks as number one for international trips taken with over 21% of the world's total. In addition, U.S. travelers engage in trips with increasing duration and complexity of itineraries. Travel health is more than just getting your shots. Come with your bug spray and sunscreen as we discuss safety risks, vaccinations and common non-vaccine preventable illnesses associated with travel.

413: Anticoagulation in the Cardiac Patient – Pearls for Inpatient and Outpatient Management (AC)

Rachel Keashen, CRNP

With new anticoagulants recently approved for children, it can be difficult to know which medication is best and for whom. This presentation will provide a framework on how to approach prescribing and managing anticoagulation in children as well as considerations for patients who are bleeding or whom need emergent reversal.