

Learning Objectives

- Describe the unique health care needs of the LGBTQIA2S+ community including history, physical exam, screenings and medications.
- Investigate the psychosocial and mental health concerns surrounding this patient population, including family acceptance or lack of acceptance.
- Address concerns surrounding comfort in the care of this population by colleagues and students.

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Things to Remember

Always be respectful, open, and honest

Terminology can and will change

Self-assessment is critical

Patients and their families are the WHY

Back to the Basics

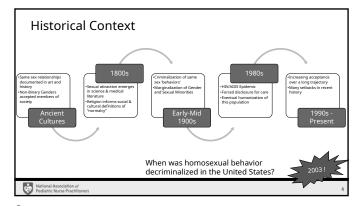
• Scientifically, sex is not binary

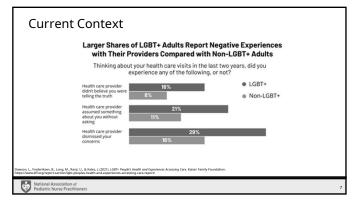
• Not XX nor XY – 1:1,666 births

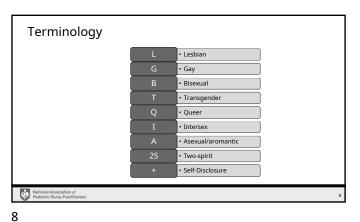
• Diversity versus Diagnosis

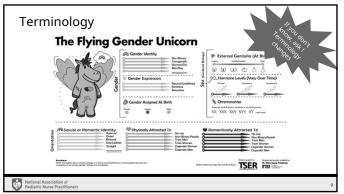
• Words matter











Gender Terminology

- Gender Assigned at Birth Government/social imposed gender
 - Female Male Intersex (depending on state)
- Gender Identity personal sense of one's own gender
 - Woman/Girl or Man/Boy (Cisgender)
 - Transgender
- Non-Binary Self-Disclose
- Gender Expression behavior, mannerisms, and appearance that are <u>socially</u> associated with gender
 - Masculine Feminine Neutral/Undefined

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Sexual/Romantic Attraction Terminology

• Sexual or Romantic Identity

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- Straight, Gay, Lesbian, Queer, Bisexual, Asexual, Self-Disclose
- Physical Attraction & Romantic Attraction
 - No one, Non-Binary Individuals, Trans Men, Trans Women, Cisgender Men, Cisgender Women



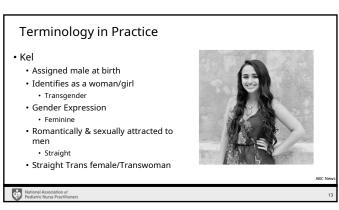
Terminology in Practice

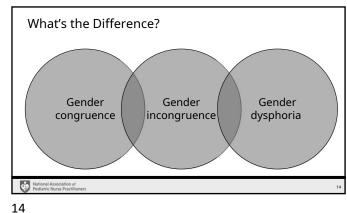


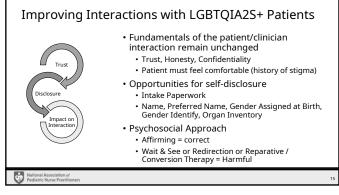
- Jesse
 - Assigned male at birth
 - Identifies as a man/boy
 - Cisgender
 - Gender Expression
 - Masculine / Neutral
 - Romantically & sexually attracted to men
 - Gay/Queer
- Gay Cisgendered Male

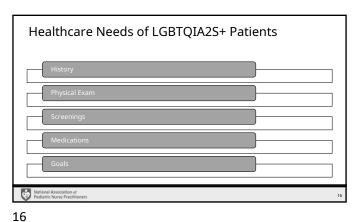
rtrait of person with curly hair by Noun Project from Noun Project (CC BY-NC-ND 2.0

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H&P and Screenings

- This community/population is heterogenous
- History
 - Not very different information, but rapport and trust must be built prior to discussion
 - Due to the nature of this care there may be off label, underground medication use open ended questions
- Physical Exam
 - Genital Exams
 - Hair/Voice
- Medication/Surgical Interventions

<u>Screenings</u>

- · Mental Health
- Loss of family support
 Legislative/Regulatory practices
- Pregnancy
- STIs
 - · Prevention
- Assistance
 - Transportation
 - Food insecurity Housing
- · Violence / Safety

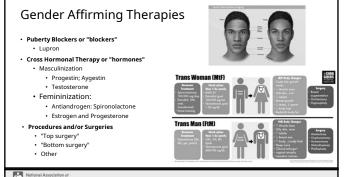
Transgender Care on Transitioning

- Social Transition
- Name/pronoun, Personal expression (hair, clothes, make-up etc.), Gender-segregated programs (sports, clubs), Bathroom/locker use
- How Can Clinicians Help?
 - Keep Updated on Resources Know Where to Go
 - Helping Plan: Disclosure, Safety, Bullying, Social Biases
 - Providing medical documentation for name change, gender change, official document
 - Educate staff, students, colleagues, communities, schools
 - HCP's voices essential in schools, in government bodies, in courts of law, and in the media



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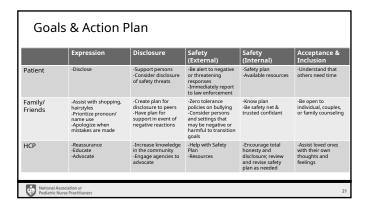
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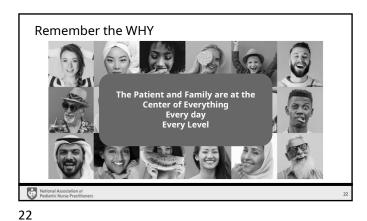


What Do I Need to Know for my Practice?

- · Affirming Environment
 - Inclusive documentation/EHR
 - Appropriate Physical Exam
 - Appropriate Anticipatory Guidance
- Community Resources
 - Endocrine/Gender Clinic, Mental Health, Family/School Resources
- · Legal Requirements
 - Collaborative Requirements
 - Prescriptive Requirements (Testosterone is a CIII)
- · Set Goals...

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