

In-person
March 13-16, 2024

Virtual
May – July 31, 2024

45th National Conference on Pediatric Health Care

Global Health: Mission Trips and Beyond

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UT Health
San Antonio

PCRF
Palestine Children's Relief Fund

**National Association of
Pediatric Nurse Practitioners**
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Experts in pediatrics. Advocates for children. 1

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Speaker Disclosure

None

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Learning Objectives

At the conclusion of this program the learner will be able to:

1. Discuss the varied opportunities for PNP's and pediatric focused HCP's in global health initiatives.
2. Outline the current global health issues which impact healthcare for our patients in the United States.
3. Describe current programs available in the US for PNP's interested in global health issues.



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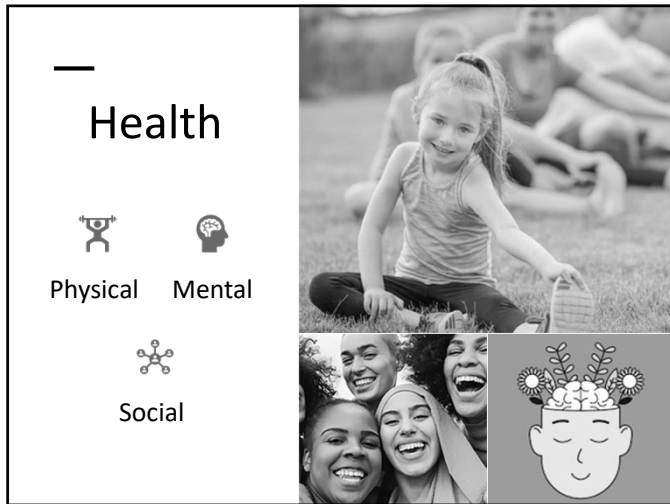
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Global

Neighborhoods Communities Cities Countries

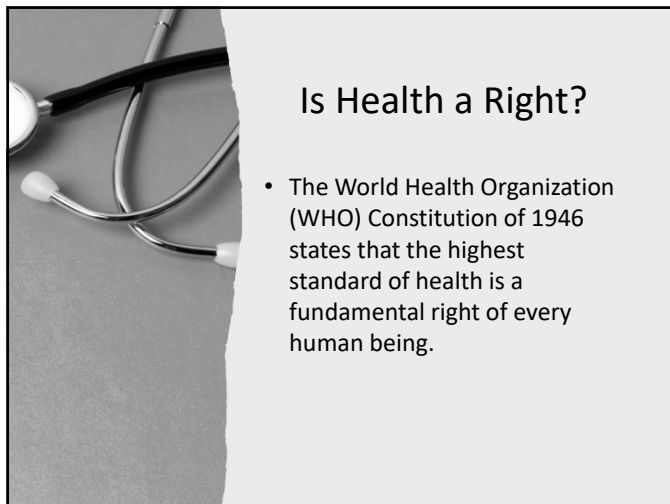
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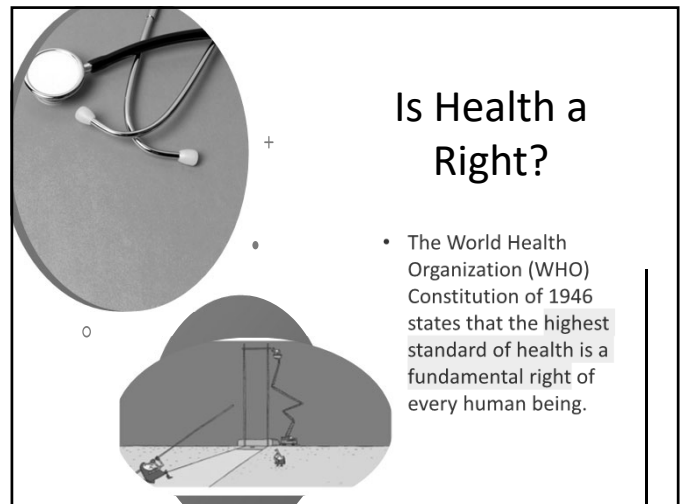
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Right to
Health is

"ENSHRINED"

9

Supporting
Health
Development
in
Communities
and Countries

Helping them:

- Meet basic healthcare needs
- Advance well-being
- Alleviate inequalities
- Improve access to healthcare

• <https://www.hsph.harvard.edu/stephen-marks/wp-content/uploads/sites/580/2020/06/Chapter-15.-Health-and-Human-Rights-through-Development-Foundations-of-Global-Health-Human-Rights-OUP-2020.pdf>

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Global
Health
Hot
Topics

Health Systems

Mental Health
Crisis/Substance
Abuse

Reproductive
and Sexual
Health

Malnutrition and
Food Safety

Diabetes

Cancer

Environmental
pollution/climate
change

Infectious
Disease

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Malnutrition
and Food
Safety



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Cancer

- Cancer prevention
- Diagnosis
- Treatment

International Society of Pediatric Oncology – Nursing Network <https://siop-online.org>



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Infectious Disease & Vaccine Preventable Illness

- Volunteering at immunization clinic
- Teaching
- Shot@Life partner
- Encourage funding for vaccine programs

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Focused on Nursing

- Research
- Training
- Service



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Sustainable Goals

"free the human race from the tyranny of poverty and want, and to heal and secure our planet."



United Nations

<https://sdgs.un.org/>

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1

SUSTAINABLE DEVELOPMENT GOALS

3

GOOD HEALTH AND WELL-BEING



TARGET 3-2




END ALL PREVENTABLE DEATHS UNDER 5 YEARS OF AGE

<https://www.napnap.org/helping-the-world-achieve-sustainable-development-goals-the-role-of-pnps-and-pediatric-focused-providers/>

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Accompany



- We walk or play BESIDE our colleagues/patients
- Offer assistance, an ear, an arm, a map or a tune.

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Finding Your Mission



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Travel is fatal to prejudice, bigotry, and narrow-mindedness.

Mark Twain

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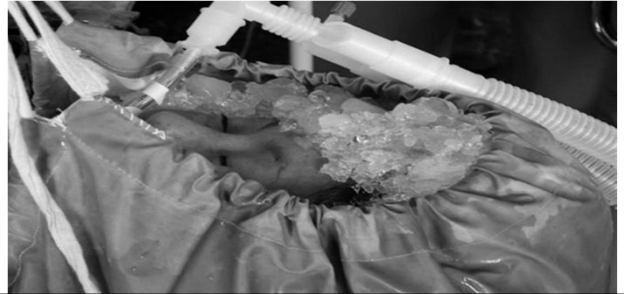
The Why's

- Religious
- Political
- Altruistic
- Just Cause



My Reason

- Geography is a terrible reason for a child to die of Congenital Heart Disease



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The Need is EVERYWHERE,
so where are your talents
and what are your fears?



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How to Find a Mission

- Google is a good place to start
- Talk to friends
- Ask your local medical and nursing schools



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Be Careful



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Go With People You Know

"I have found out that there ain't no surer way to find out whether you like people or hate them than to travel with them." Mark Twain



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Funding

- Family/Friends
- Churches
- Fund Raisers
- Grants

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Culture

- Aware
- Knowledge
- Sensitive
- Competent



- Humility is the First Step

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Sensitive???



seen on RedSnapperVeryTasty.com

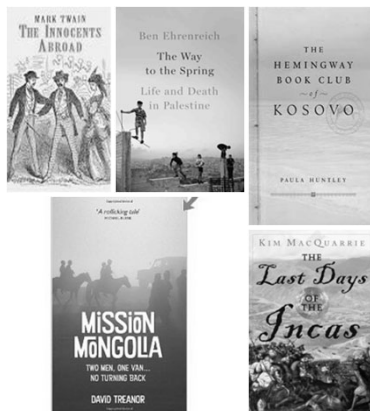
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"like most white guys, I like diversity until it gets in my way"
Jim Malusa in "Into Thick Air"



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READ TO
PREPARE



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Language



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Preparation

- Passports and Visa
- Your Ticket to Ride
- http://travel.state.gov/travel/travel_1744.html



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TRAVEL GUARD[®]
CHARTIS[®]

AccessAmerica[®]
Travel Insurance & Assistance

insure
mytrip
.com

SquareMouth
Compare Travel Insurance

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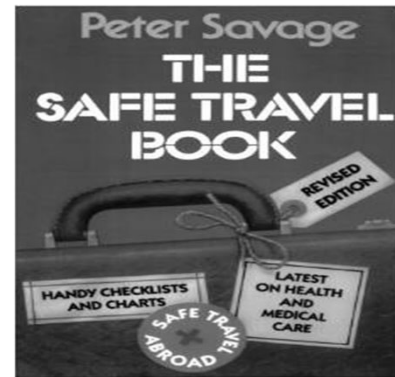
Medical Aircraft Evacuation

- \$20.00 per loaded mile provides full functioning intensive care jet. Minimum 250 miles.
- Nepal is 10,000 miles away..... \$172,000



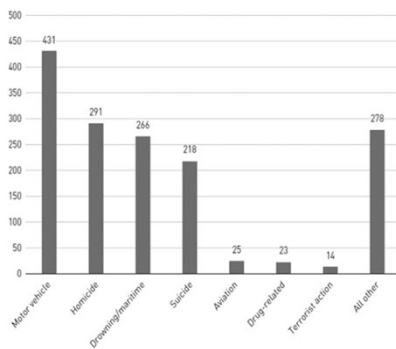
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SAFETY



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Leading causes of injury death for US citizens in foreign countries, 2016 - 2017



[https://wwwnc.cdc.gov/travel/yellowbook/2024/environmental-hazards-risks/injury-and-trauma#:~:text=Motor%20vehicle%20crashes%E2%80%94not%20crime,28%25%20of%20nonnatural%20deaths\).](https://wwwnc.cdc.gov/travel/yellowbook/2024/environmental-hazards-risks/injury-and-trauma#:~:text=Motor%20vehicle%20crashes%E2%80%94not%20crime,28%25%20of%20nonnatural%20deaths).)

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GET YOUR SHOTS!

- Local Travel Clinics
- <http://wwwnc.cdc.gov/travel/>



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CDC Travel Health Notices

- Level 1, Practice Usual Precautions
- **Level 2, Practice Enhanced Precautions**
- Level 3, Avoid Nonessential Travel
- Level 4 - Avoid all travel

<https://wwwnc.cdc.gov/travel/notices>



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Travel Warnings from CDC

- Diphtheria – Nigeria & Niger (Level 2)
- MPox - Congo (level 2)
- Polio – Global (Level 2)
- RMSF – Mexico (Level 1)
- Measles – Global (Level 1)
- <http://wwwnc.cdc.gov/travel/notices>



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Scan/Copy Important Documents

- Passport
- Visa
- Insurance
- Credit cards
- Itinerary
- 3 copies – one for you, one for luggage and one for family



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Register Your Trip

- Smart Traveler Enrollment Program (STEP)
- <https://step.state.gov/step/>



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The Mission

- You're not going to have everything you think you need!



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Be Prepared for the Unexpected



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The Ethical Imperative: Medical Volunteering

- “We can no longer train our young physicians to become strong clinically but inept socially, lacking true knowledge of the world” Edward O’Neil Jr., MD

• O’Neil E. The ethical imperative of global health service (2006). Virtual Mentor; 8:846-850. <http://www.omnimed.org>

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Impetus to Act

- Ethical
- Religious
- Practical



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- The next plague, the one that will inevitably follow AIDS, is just one short airplane ride away” O’Neil



Best Practice

- Lowering the standard of care for those in developing countries is
 - Unprofessional
 - Unsafe
 - Unethical
 - May be illegal



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Level of Expertise

- Practice within expertise
- Supervision
- Orientation to country and culture
- Competence
- NON-Experimentation



Local Integration

- Patients need Follow-Up
- Goal should be to build a self-sustainable program
 - Teach
 - Model Practice



<http://www.uniteforsight.org/pitfalls-in-development/pitfalls-in-volunteering-abroad>

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Why Bother



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"I hope you will judge yourself, not on your professional accomplishments alone, but also on how well you have addressed the world's deepest inequities. On how well you treated people a world away who have nothing in common with you but their humanity" Bill Gates 2007



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Few will have the greatness to bend history itself; but each of us can work to change a small portion of events, and in the total of all these acts will be written the history of this generation.”

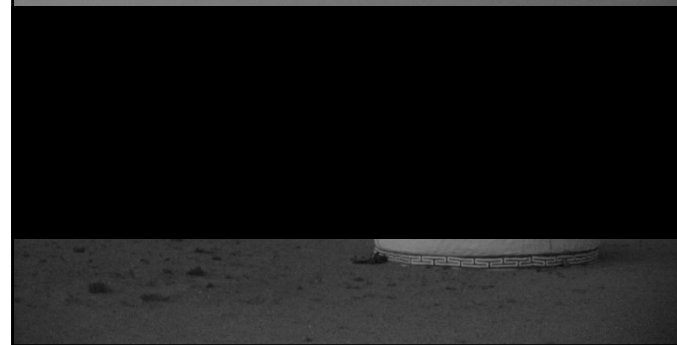
Robert Kennedy

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Questions?
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