MAKE YOUR HOME LEAD-SAFE
FOR YOUR NEW BABY

One million children today are affected by lead poisoning, but when you know what to look for and what to do, lead poisoning is 100% preventable.

Lead is toxic and it is all around us. There is a good chance that any home, school, or daycare center built before 1978 contains some **LEAD PAINT**.

**LEAD DUST** can form when lead-based paint is scraped, sanded, or heated. Dust also forms when painted surfaces bump or rub together.

**LEAD IN SOIL** can be a hazard when children play in bare soil or when people bring soil into the house on their shoes.

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**WHAT YOU CAN DO NOW TO PROTECT YOUR FAMILY IF YOU SUSPECT THAT YOUR HOUSE HAS LEAD HAZARDS:**

- Carefully clean up paint chips immediately without creating dust. Repair damaged painted surfaces. Do not scrape, sand, or disturb old paint.
- Don’t try to remove lead-based paint yourself.
- Keep your home clean and free of dust. Wet mop or wet wipe floors, window frames, window sills, and other surfaces weekly.
- Keep play areas clean. Wash bottles, pacifiers, toys, and stuffed animals regularly.
- Keep children from chewing window sills or other painted surfaces.
- Remove shoes before entering your home to avoid tracking in lead from soil.
- Wash children’s hands often, especially before they eat and before nap time and bed time.
- Use only cold water to prepare food and drinks. Run the water before using.
- Make sure children avoid fatty (or high fat) foods and eat nutritious meals high in iron and calcium.
- Get your child tested for lead.
- Ask about lead when buying or renting a home. Sellers and landlords must disclose known lead hazards.
- Hire a Lead-Safe Certified contractor if you are planning to have work done in a pre-1978 home.

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Visit [epa.gov/lead](http://epa.gov/lead) or call 1-800-424-LEAD (5323) for more information.