



## **Cathy Woodward, DNP, FNP, CPNP-AC**

**San Antonio, Texas  
South Texas Alamo  
Chapter**

**Candidate for  
Member-at-large**

### ***Strengths for Position***

Members of the Executive Board should reflect leadership at its best. I have strong leadership experiences at local, regional and national levels which have prepared me to mentor new leaders and prepare NAPNAP for the future. My experiences in advocacy for appropriate health care for immigrant children fits within NAPNAP's plan for advocacy. Having attending Capital Hill Day with others in my area of the country has encouraged me to get involved with state and national political leaders on issues involving the healthcare of children. I have served on the PNCB exam committee which supports the professional practice strategic plan of being involved in our profession. I have been a PI on research projects and will support the plan for promoting research within the membership. The strategic plan guides our path and my experiences would help both the organization and individual members as we move forward.

### ***NAPNAP Involvement***

- 2017-present—Executive Board member-at-large
- 2012-2017—Conference Planning Committee member
- 2014-2016—Global Health Care SIG chair
- 2011-2015— South Texas Alamo Chapter president, president-elect and treasurer

### ***Professional Experience***

- 2013-present—PNCB Acute Care Exam Committee member
- 2012-present—UT Health, Pediatric Department Leadership Committee member
- 2016—UT Health, Infection and Education Committee chair
- 10+ years—Lead PNP for Critical Care division at UT Health

### ***Educational Background***

- 2008—Acute Care post-master's certificate, Duke University
- 2008—DNP, Case Western Reserve University
- 1998—FNP post-master's certificate, University of Texas Health Science Center
- 1996—MSN, Northwestern State University
- 1977—BSN, Northwestern State University

### ***From the Candidate***

I am seeking to serve as a member-at-large (MAL) for an additional two-year term. Involvement on the Executive Board of NAPNAP has been a high point of my career and I believe I am in an even better place now to continue serve the membership. The experiences of meeting other leaders, being involved in national initiatives, visiting with national political leaders, and leading a workgroup to revise the special interest group (SIGs) manual are only a fragment of what I have been involved in since beginning my term in 2017. I feel like I started at a trot and am now running on full steam. I am a CPNP-AC in a pediatric congenital cardiac unit and serve in a leadership position in my unit. In addition to my clinical practice I have been very involved promoting our profession.

The great thing about NAPNAP is the way this organization serves members at all stages of their career. As a novice PNP, I attended conferences and watched and learned from the leadership from afar. I became involved in my local chapter, South Texas Alamo Chapter, as a member, treasurer, president elect and then president in 2012. The special interest groups (SIGs) were what got me involved at the national level. My passion is global health and I joined the GHC SIG and then served as the chair for two years. During those years we developed a GHC SIG award and produced a guideline for the primary care of immigrant children. I developed my teaching skills over many years of submitting abstracts for presentation at the national conferences, the latest were at the 2017 conference in Chicago.

NAPNAP supported my DNP research project through a foundation grant. Armed with the confidence that the research was interesting I submitted my first article for publication in 2012. I have since published research and quality projects in several journals, including the Journal of Pediatric Health Care. I have presented my research and quality projects through poster presentations at the NAPNAP and other national conferences.

Since being elected member-at-large in 2017 I have been amazed at the work that gets done on our behalf by the NAPNAP staff and members of the Executive Board. This is a group of people who work tirelessly and are committed to pediatric focused advanced nurse practitioners and the patients and families they serve. I would be honored to continue to represent the membership by working on the Executive Board.