Hitting People is Wrong—And Kids are People Too!

Does your practice include consistent screening for discipline methods and encouragement of non-physical methods of discipline?

Do you provide anticipatory guidance to parents explaining the negative consequences of corporal punishment and encourage positive parenting principles?

Brought to you by:
Child Maltreatment and Neglect Special Interest Group
Ask Parents to Take the No Hitting Pledge

I, _______, pledge to never use any form of physical discipline.

I will not spank, hit, whip or tap my child/children.

I know that corporal punishment can harm my child’s physical, intellectual and psychological wellbeing and damage our relationship.

I understand that science has proven that all forms of spanking are harmful, ineffective and can have negative effects on their brain.

I pledge to use effective parenting alternatives that model that hitting is not an acceptable tool for parenting, leadership or expressing emotions.

For more information and resources on the No Hit Zone, visit napnap.org/cmn