

## Disaster Resources for Families

Disasters come in all shapes and sizes whether a fire in your house or a hurricane that takes out power and communications in your neighborhood for an extended period. The key to handling any type of disaster is being prepared in advance. Waiting to get supplies and information together until you are faced with an imminent danger is too late.

Visit these resources to learn how to prepare your family and home for any type of situation.



The **National Association of Pediatric Nurse Practitioners (NAPNAP)** provides child-specific disaster preparedness information including how to talk to children about disasters.

[www.napnap.org/be-prepared](http://www.napnap.org/be-prepared)

The **American Red Cross** has general disaster preparedness information.

<http://www.redcross.org/get-help/prepare-for-emergencies/be-red-cross-ready>

The **Federal Emergency Management Agency** shares additional preparedness information.

[www.fema.gov/plan-prepare](http://www.fema.gov/plan-prepare)

[www.fema.gov/pdf/areyouready/areyouready\\_full.pdf](http://www.fema.gov/pdf/areyouready/areyouready_full.pdf)

The **Department of Homeland Security** has kid friendly resources available.

[www.ready.gov/kids](http://www.ready.gov/kids)

The **American Academy of Pediatrics (AAP)** offers a downloadable preparedness booklet that instructs families how to prepare for disasters and provides additional web resources.

[www.aap.org/en-us/Documents/disasters\\_family\\_readiness\\_kit.pdf](http://www.aap.org/en-us/Documents/disasters_family_readiness_kit.pdf)

**AAP** also created an Emergency Information Form for children with special healthcare needs. The form should be completed by a clinician and updated regularly. Keep the current document on a waterproof thumb drive and also in paper format in a sealed, waterproof bag.

<http://www2.aap.org/sections/pem/preparedness/blankform.pdf>