Everyone has a 1st time: Preparing an Abstract for Presentation

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Speaker Introduction

• Dr. Cathy Woodward has more than 20 years of experience as a nurse practitioner in pediatric critical care. She has daily experience interpreting pediatric chest X-rays. She is a professor of pediatrics at UT Health San Antonio. She has a DNP from Case Western Reserve and her post master’s certificate in PNP acute care from Duke University.

Disclosures

None

Learning Objectives

• Discuss potential lecture topics for abstract preparation.
• List the steps to preparing an abstract for submission.
• Write an abstract to submit to a regional or national conference committee.

RULES

• All Ideas are accepted
• All comments should be constructive
• No stealing topic ideas
• This is a safe space for trial and error

Start at the Beginning – Pick a Topic

• What are you good at?
• What do you or your team do that is interesting or different?
• What research have you done that could impact care in other places?
• What is new and interesting to you?
The Top 5 Tips to Improve your Title

- Number Titles
- The Top 5 Ways to Prevent Vector-borne Illnesses in Children
- "How to"
- How to Avoid Common Assessment Errors
- Famous Comparisons
- X-Files: Unusual Case Presentations of Illnesses in Kids
- Scarcity
- Little Known Facts about Kids Living with Mental Health Issues
- Big Promise
- The Ultimate Guide to Caring for Children with Congenital Heart Disease

https://www.articlemarket.io/blog/how-to-make-a-good-title

What it takes to get an Abstract Accepted

- Attention grabbing. The abstract is often the first contact a reader has with your idea.
- An elevator pitch to convince them to select your topic.
- Should entice the conference committee member to attend the lecture.
- Enables Conference Committee to quickly evaluate the relevance of the topic to their own work.

1st Scoring Point - TOPIC IS OF INTEREST TO PNP AUDIENCE

- This has to be addressed in the 1st couple of sentences of your abstract.
- Why should PNP’s know or be interested in this topic?

- EXAMPLES:
  - According to a 2015 meta-analysis (Polanczyk, et al), 241 million children and adolescents around the world are affected by mental health disorders, and disruptive behavior disorders are the second most common disorder, affecting 113 million youths.
  - Climate Change and its effects can be argued and potentially dismissed but climate scientists say it is accelerating and the effects are going to be profound for our children; both for today and for future generations.

2nd Scoring Point – Topic Addresses a Current/Relevant Issue for the practicing PNP.

- What makes this interesting right now? SELL YOUR IDEA!
- Is it something new, updated or something cutting edge?
- Examples
  - 2018 – Zika Virus
  - 2019-20 – Climate Change
  - 2018 – Care of Immigrant Children
- Is it an old topic but worth yearly discussion?
  - Immunizations
  - Interpreting radiographs
  - Labs
3rd Scoring Point – Topic is novel or different then previous conference topics.
• Check back to see if anyone has ever offered this topic.
• If it has been offered before make sure you write a statement WHY it should be repeated.
  * “Interpreting radiographs is a learned skill which is lacking in new acute care NP’s. It is consistently one of the areas of practice which new NP’s feel they need the most help. This topic is offered at NAPNAP almost every year, but it is a skill that NP’s need and engage in every year”

4th Scoring Point – Content reflects current evidence-based recommendations/guidelines.
• Make a statement of your use of national guidelines/recommendations. If there are no guidelines – state that!
• Example
  * DSM-V diagnostic criteria for disruptive behavior disorders will be reviewed, and case studies will be presented for both typical and atypical disruptive behaviors.

5th Scoring Point - Needs Assessment is included and describes a demonstrated need for education on this topic.
• Goes back to both point one and two – why do we need this?
• Is there literature based evidence that NP’s lack in knowledge on this topic.
  * is the topic not covered in initial NP education and training?
  * Is it so new that no one has this information yet?
• Example
  * Ultrasound training – not taught in programs but was noted to be a skill that acute care NP’s need.

6th Scoring Point – Speaker’s Experience qualifies speaker as an expert in this topic area
• SELL YOURSELF
• Be Bold and Brave in this section
• Be honest and be specific as possible
• EXAMPLE
  * The speaker has over 20 years of experience working with children with CHD.
  * The speaker has for over 10 years cared for children with cystic fibrosis and leads a research team on novel treatments for these children. Her work has been presented at national conferences.

7th – 9th Scoring Points – Experience Speaking
• Local
• State
• National
• Example:
  * She has lectured on this topic for a local chapter conference in 2019, the Texas Nurse Practitioner Annual conference in 2019 and the NAPNAP annual conference in 2018.
  * She has received positive reviews for local and state lectures at nursing conferences in 2019.

10th Scoring Point – Would you recommend this abstract for NAPNAP’s Conference?
• Yes or No
• WHY
  * YES – very interesting and timely information for all PNPs. Speaker does not have national speaking experience but the topic and her abstract is great.
  * No - speaker did not answer questions and this topic seems too narrow.
Get Involved and Get Accepted

• Volunteer for local, state and national conference committees
• Say “YES” to opportunities to present your topic or seek opportunities out in your community, with your hospital, clinic and local NAPNAP chapter.
• Look more closely at conference brochures – what are the hot topics?
• Ask someone to review your abstract before submitting - someone with experience and someone who might attend – would they be interested in your topic?
  • You can send it to me.... Woodwardc@uthscsa.edu

Questions?

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